



SDG-3 GOOD HEALTH AND WELL-BEING

The content of this document covers the sub-heading “Good Health and Wellbeing”, the third sustainable development goal (SDG-3) by the international rating agency “Times Higher Education” (THE). The main motivation of SDG-3 is to enable people of all ages to lead healthy lives and promote wellbeing. In relation to this sustainable development goal and THE questions, the actions taken within Üsküdar University and their evidence are mentioned in detail below.

Number of graduates

Answer: (3.936)

Number of graduates from health professions

Answer: (1.785)

3.1. Does your university have existing collaborations with local, national, or global health institutions to improve health and well-being outcomes?

Üsküdar University maintains existing collaborations with various local, national, and global health institutions to improve health and well-being outcomes. Our university develops joint projects with different stakeholders within the scope of both education and research activities, provides health services that directly benefit the community, and produces scientific outputs. These collaborations contribute to raising the level of public health and progressing in line with international health goals.

Evidence of these collaborations is provided below:

The Rector of East West University, Prof. Dr. Mohammad Wasiullah Khan, and Prof. Dr. Abdullah Al-Ahsan visited Üsküdar University. The visiting delegation met with Üsküdar University Rector Prof. Dr. Nazife Güngör and Üsküdar academics. An education cooperation agreement (MOU) was signed between the two universities to support joint research initiatives between the US and Turkey. During the visit, topics such as working together on various initiatives, such as cooperative education programs, were discussed, and the diversification of possible collaborations was also discussed.

<https://uskudar.edu.tr/haber/chicago-east-west-universitesi-rektoru-uskudari-ziyaret-etti/57957>

A delegation from the Ministry of Education of the Republic of Azerbaijan visited Üsküdar University. Üsküdar University Rector Prof. Dr. Nazife Güngör attended the meeting organized to strengthen cooperation in the field of education. At the meeting, the opportunities offered by the education systems of both countries were evaluated. Discussions were also held on joint projects and future cooperation.

<https://uskudar.edu.tr/haber/azerbaycan-cumhuriyeti-egitim-bakanligina-bagli-heyet-uskudari-ziyaret-etti/57844>

The first steps were taken for a new project to be carried out in cooperation between Üsküdar University and the Black Sea Civil Society Organizations Union (KASTOB). A partnership meeting was held with the Dilovası District Governor's Office and Dilovası Municipality for the project, which is planned to



be implemented under the title "Education First for Healthy Relationships and Lasting Marriages." The meeting marked the first step toward building strong family structures and demonstrated a meaningful example of cooperation.

<https://uskudar.edu.tr/haber/saglikli-iliskiler-ve-kalici-evlilikler-icin-egitim-projesi-hayata-geciriliyor/57309>

Üsküdar University and the Brain Mapping and Therapeutic Association (SBMT) have established a partnership in the global Neurotechnology Consortium in the field of psychiatry. Üsküdar University has taken an important step in the field of psychiatry by establishing a partnership with the world-renowned Society for Brain Mapping and Therapeutics (SBMT) in the Global Neurotechnology Consortium . The 22nd Neurotechnology Congress, to be held in Los Angeles from February 27 to March 2, 2025, aims to bring a new dimension to the development of neurotechnology, pharmacology, biotechnology, and medical devices in psychiatry.

<https://uskudar.edu.tr/haber/uskudar-universitesinden-noro-teknoloji-alaninda-kuresel-ortaklik/56988>

Üsküdar University Faculty of Medicine has begun efforts to obtain national and international accreditation for medical education. The first step in the work organized with TEPDAD, a quality organization recognized by the Higher Education Quality Council and the World Federation for Medical Education, was a visit to the Hamidiye Faculty of Medicine at the University of Health Sciences.

<https://uskudar.edu.tr/haber/tip-fakultesi-tip-egitimi-akreditasyon-calismalarina-basladi/47903>

As part of Occupational Health and Safety (OHS) Week, the "5th National Occupational Health and Safety Student Congress" was held. Hosted by Istanbul Medeniyet University and supported by Üsküdar University, the congress was also supported by Niğde Ömer Halisdemir University, Batman University, Health Sciences University, Kırşehir Ahi Evran University, MESKA Foundation, MOFWEB, MEL Electronics, and STEM BIO. The congress, themed "Engineering Approaches to Risk Management and Occupational Safety," was attended by Dr. Rüştü Uçan, Head of the Occupational Health and Safety Department, and other academics from the department.

<https://uskudar.edu.tr/haber/v-ulusal-is-sagligi-ve-guvenligi-ogrenci-kongresi-gerceklesti/45176>

Üsküdar University, the Üsküdar District Governor's Office, and the District Health Directorate held a signing ceremony for the "School-Age Hearing Screening" protocol. The protocol aims to conduct school-age hearing screenings to ensure the early diagnosis, detection, and treatment of diseases. Emphasizing the importance of preventive health, Prof. Dr. Nevzat Tarhan said that the main health service is not about preventing diseases but about protecting health.

<https://uskudar.edu.tr/haber/erken-tani-ve-tedavi-icin-okul-cagi-isitme-taramasi-protokolu-imzalandi/44949>



Üsküdar University, represented by its founding rector Prof. Dr. Nevzat Tarhan and his research team, participated in the conference held in the USA, representing our country in two separate sessions. Dr. Babak Kateb, President of the Brain Mapping and Therapies Association, said that under the Neuroscience20 umbrella, they brought together scientists from different fields and created regional initiatives that inspired each other. The video, which highlights the work done in this field to date, gives extensive coverage to researchers from Üsküdar University and NPİSTANBUL Hospital, representing Turkey.

<https://uskudar.edu.tr/haber/turkiyeyi-g20-n20de-uskudarli-arastirma-gruplari-calismalariyla-temsilediyor/44657>

Blood samples taken from Turkey's first astronaut, Alper Gezeravcı, in zero gravity in space have arrived at the Üsküdar University TRGENMER laboratory. As part of the MESSAGE (Microgravity-Associated Genetics) experiment, one of 13 scientific studies conducted during Turkey's first manned space mission, the blood samples collected by Alper Gezeravcı at the International Space Station were delivered to the MESSAGE team led by Cihan Taştan.

<https://uskudar.edu.tr/haber/message-deneyinin-kan-ornekleri-teslim-edildi/44383>

Prof. Dr. Nesrin Kartal Özer from the Department of Medical Biochemistry at Üsküdar University Faculty of Medicine was selected as a member of the editorial board of two prestigious international scientific journals. Prof. Dr. Özer will serve as an associate editor for the IUBMB Life and FEBS Open Bio journals. Prof. Dr. Özer is the first Turkish academic to be selected for this position at the IUBMB Life journal.

<https://uskudar.edu.tr/haber/ilk-kez-turkiyeden-bir-bilim-insani-secildi/43838>

Üsküdar University continues its international cooperation in academic studies. Within this scope, Prof. Dr. Souad Amghar from Mohammed University in Rabat, Morocco, visited Üsküdar University. Amghar, founder of Africa's first cancer-focused research center, met with Prof. Dr. Muhsin Konuk, Vice Rector of Üsküdar University. During the visit, which also included discussions on scientific collaboration, Prof. Dr. Amghar toured the laboratories.

<https://uskudar.edu.tr/haber/afrikada-kanser-merkezli-ilk-arastirma-merkezinin-kurucusundan-uskudara-ziyaret/43880>

Prof. Dr. Nevzat Tarhan, Founding Rector of Üsküdar University and psychiatrist, participated in the 35th TÜSAP Health Summit held under the agenda item "National Technology Vision in Health." The summit, which was also attended by Minister of Industry and Technology Mehmet Fatih Kacır, was held at the Information Technologies Valley and discussed 13 different scientific experiments conducted by Alper Gezeravcı at the International Space Station, including one by Üsküdar University.



<https://uskudar.edu.tr/haber/35-tusap-saglik-zirvesinde-ilk-uzay-bilim-misyonuna-dikkat-cekildi/43874>

Prof. Dr. Muhsin Konuk, Vice Rector of Üsküdar University, was selected as a student mentor by Swansea University, one of the leading universities in the UK. Accepting mentor students from Swansea University in the new term, Konuk became one of the few Turkish professors providing remote mentoring to students abroad.

<https://uskudar.edu.tr/haber/prof-dr-muhsin-konuka-swanea-universitesinden-yeni-gorev/44145>

This year, the 6th Traditional Golden Human Awards, which honor prominent figures in various categories, awarded Prof. Dr. Nevzat Tarhan, who has been serving in the field of psychiatry for over 40 years. Tarhan received the award in the "Golden Health Awards" category for his work as a psychiatrist. Emphasizing that he has been a pioneer in many areas of health and psychiatry in Turkey, Tarhan said, "We have started a new era in Turkey in areas such as brain imaging techniques related to the combined use of brain and computer functions and then measuring brain functions for treatment." He added that he was happy to be rewarded for his success.

<https://uskudar.edu.tr/haber/dunya-saglik-odullerinde-kapsaminda-psikiyatri-odul-prof-dr-nevzat-tarhana-verildi/47919>

Üsküdar University and the Society for Brain Mapping and Therapeutics (SBMT) have established a partnership in the global Neurotechnology Consortium in the field of psychiatry. Üsküdar University has taken an important step in the field of psychiatry by establishing a partnership with the world-renowned Society for Brain Mapping and Therapeutics (SBMT) in the global Neurotechnology Consortium. The 22nd Neurotechnology Congress, to be held in Los Angeles from February 27 to March 2, 2025, at , aims to bring a new dimension to the development of neurotechnology, pharmacology, biotechnology, and medical devices in psychiatry.

<https://uskudar.edu.tr/tr/icerik/56988/uskudar-universitesinden-noro-teknoloji-alaninda-kuresel-ortaklik>

Üsküdar University ranked third among Turkish foundation universities in terms of the highest grant received under the KA171 Erasmus+ Individual Learning Mobility project, implemented by the European Union and the Turkish National Agency. Under the project, the university received a grant to collaborate with nine countries from four different regions. This prestigious achievement is seen as a reflection of the university's vision to strengthen international cooperation.

<https://uskudar.edu.tr/tr/icerik/56529/uskudar-ka171-erasmus-projesinde-en-yuksek-hibeyi-alan-ucuncu-universite>

The manifesto, which draws attention to events in the Middle East, Central Asia, Africa, and most recently Gaza, gathered 25,000 signatures in a short time. Aiming for 100,000 signatures to secure



stronger representation in the UN General Assembly and Security Council, the manifesto will be submitted to the council by the end of the year. The 10-point manifesto states: "Based on the events experienced by two universities, we foresee the need to re-examine universal concepts and ideas. As N.L. Guliyev National Eurasian University and Üsküdar University, we believe that the silence of the university community, which is the environment where human rights and freedoms are most experienced and discussed, is a burden in such a situation. We wanted to make our voices heard through institutional consensus rather than individual reactions and express our thoughts through a manifesto."

<https://uskudar.edu.tr/tr/icerik/47889/evrensel-insani-deger-ve-haklar-manifestosuna-yogun-katilim>

A protocol was signed between the Journalism Department of the Faculty of Communication at Üsküdar University and Demirören News Agency. The protocol was signed by Demirören News Agency General Manager Celal Korkut, Üsküdar University Rector's Advisor and Journalism Department Faculty Member Prof. Dr. Süleyman İrvan, and Journalism Department Chair Assoc. Prof. Dr. Gül Esra Atalay.

<https://uskudar.edu.tr/tr/icerik/45101/demiroren-haber-ajansi-uskudar-iletisimin-dis-paydaslari-arasina-katildi>

The Cultural Attaché of the Kingdom of Saudi Arabia, Assoc. Prof. Dr. Faisal Abdulrahman OSRA, and his delegation visited Üsküdar University. The meeting with the Rector of Üsküdar University, Prof. Dr. Nazife Güngör, was considered a very important step in deepening educational cooperation between the two countries and implementing joint projects in the future. The meeting also discussed important projects such as academic seminars to be held in the future.

<https://uskudar.edu.tr/tr/icerik/57402/suudi-arabistan-kralligi-kulturel-atasesi-uskudari-ziyaret-etti>

A protocol ceremony was held between Üsküdar University and Çalık Holding within the scope of the "University-Industry Cooperation" module. Within the framework of this cooperation, the development of new projects in the academic and industrial fields and the added value these projects will create in terms of innovation, sustainability, and sectoral development are at the forefront. The cooperation aims to make significant contributions to both the academic world and industry.

<https://uskudar.edu.tr/tr/icerik/57364/uskudar-universitesi-ve-calik-holding-arasinda-yeni-nesil-is-birligi>

A cooperation protocol was signed between Üsküdar University and the Integrated Information Institute (IIK). The protocol aims to establish cooperation in the fields of education and research and to engage in activities that will provide mutual benefit. The protocol, which addresses the 5B Certificate Model in detail, also states that "Existence and Meaning" courses will be included in the undergraduate and graduate programs of the Department of Philosophy, Faculty of Humanities and Social Sciences, Üsküdar University.



<https://uskudar.edu.tr/tr/icerik/57407/uskudar-universitesi-ile-institute-of-integrated-knowledge-hartford-ct-usa-arasinda-is-birligi-protokolu-imzalandi>

Expanding its scientific cooperation internationally, Üsküdar University signed a protocol with the University of Crete. At the protocol signing ceremony, attended by Prof. Dr. Erasmia I. Koiliari and Prof. Dr. Emmanouil L. Pasparakis from the University of Crete, the topics of genotyping and phenotyping in psychiatric studies were discussed.

<https://uskudar.edu.tr/tr/icerik/57747/uskudar-universitesi-ve-girit-universitesi-arasinda-is-birligi-protokolu-imzalandi>

Our "career center" department, which focuses on career planning, implementation, and development for Üsküdar University students and graduates, has agreements with local hospitals and institutions. The list of these hospitals and institutions can be found at

<https://kariyer.uskudar.edu.tr/anlasmali-kurumlar/>. In this context, students' pre-graduation professional observation and application processes continue with our existing local partners.

<https://uskudar.edu.tr/en/career-center-university-and-hospital-cooperation>

NPİSTANBUL Brain Hospital, an internal stakeholder of Üsküdar University, was audited by four evaluators from the Ministry of Health in October 2024 in terms of all medical and administrative processes and achieved a great success by scoring 96 out of 100 points.

Furthermore, NPİSTANBUL Brain Hospital and Etiler/Feneryolu Medical Centers, internal partners of Üsküdar University, successfully passed the ISO 9001:2015 Quality Management System and ISO 10002 Customer (Patient) Satisfaction Management standards audit on October 17-18-19, ensuring the continuity of their quality certifications.

Between March 25-28, 2024, a 4-day Joint Commission International (JCI) accreditation audit was conducted at NPİSTANBUL BRAIN HOSPITAL, an internal stakeholder of Üsküdar University. In this context, the auditors evaluated more than 1,500 measurable medical and administrative elements. In this context, Üsküdar University-NPİSTANBUL Brain Hospital has been accredited by JCI for the 5th time, maintaining its status as Turkey's first and only brain hospital with this accreditation.



Organization Accredited
by Joint Commission International

<https://npistanbul.com/npistanbul-beyin-hastanesi-dunyanin-ilk-akredite-beyin-hastanesi-oldu>

Üsküdar University Dental Hospital has departments of Oral, Dental and Maxillofacial Surgery, Oral, Dental and Maxillofacial Radiology, Pedodontology, Orthodontics, Endodontics, Periodontics, Restorative Dentistry, Prosthetics, Cosmetic Dentistry and Anesthesia. Üsküdar Dental Hospital also hosts the experienced academic staff of Üsküdar University Faculty of Dentistry. NP Health Group aims to meet the community's needs in the field of oral and dental health by bringing its quality and experience to Üsküdar Dental Hospital. In this context, it continues its activities in collaboration with the Faculty of Dentistry at Üsküdar University.

<https://uskudardishastanesi.com/en>

Published as a scientific collaboration led by Üsküdar University, Current Addiction Research (GBA) is a peer-reviewed, open-access journal that publishes high-quality research in all areas of addiction and related disorders. All publication costs of the journal are covered by Üsküdar University Publications. The journal accepts and publishes original research, short studies, case reports, reviews, and letters to the editor on alcohol, drug, and nicotine addictions, as well as behavioral addictions such as gambling and internet use.

www.currentaddiction.org

<https://uskudar.edu.tr/tr/sureli-yayinlar/10/guncel-bagimlilik-arastirmalari-dergisi>

3.2. Does your university run social assistance programs and projects (including student volunteer programs) in the local community to improve or promote health and well-being, including hygiene, nutrition, family planning, sports, exercise, healthy aging, and other health and well-being-related topics?

Üsküdar University runs various social assistance programs and projects in the local community to improve health and well-being. These activities primarily aim to raise awareness among different segments of society on issues such as hygiene, healthy nutrition, family planning, sports and exercise,



and healthy aging. Thanks to our students' active participation in volunteer programs, both social awareness and the university's mission to serve the community are strengthened.

Furthermore, our university raises public awareness on migration, xenophobia, and refugee rights through academic studies and expert assessments (Link-1– Link-2). Faculty members contribute to public discourse by providing analyses on international law, Middle East policy, and human rights (Link-3–Link-7).

Link 1: <https://uskudar.edu.tr/tr/icerik/8840/yabanci-dusmanligi-nasil-onlenir>

Link 2: <https://uskudar.edu.tr/haber/donmek-istemeyen-suriyelilere-baski-artar-mi/57764>

Link 3: <https://uskudar.edu.tr/haber/doc-dr-ibrahim-arслан-uluslararası-sessizlik-filistin-yok-olusunu-normallestiriyor/57057>

Link 4: <https://uskudar.edu.tr/haber/esadin-af-karari-suriyeli-siginmacilarin-geri-donusune-etki-edebilir-mi/56941>

Link 5: <https://uskudar.edu.tr/haber/filistin-bm-uyeligi-uluslararası-hukukta-yeni-bir-donem-baslatabilir/56354>

Link 6: <https://uskudar.edu.tr/haber/abdnin-ortadogu-politikalari-israilin-guvenligi-icin-mi/44147>

Link 7: <https://uskudar.edu.tr/tr/icerik/47889/evrensel-insani-deger-ve-haklar-manifestosuna-yogun-katilim>

As part of its efforts to promote health and well-being, our university organizes public health seminars, awareness campaigns, free health screenings, sports and exercise-focused events, and healthy aging projects for the elderly. Furthermore, students' direct participation in social responsibility projects within the local community enhances the impact of these activities.

Evidence of these efforts is presented below:

Üsküdar University organized the "3rd Genetics and Personalized Medicine Symposium" in memory of two distinguished professors, Prof. Dr. Salih Tuncel Özden and Prof. Dr. Uğur Atik, who passed away three years apart.

<https://uskudar.edu.tr/haber/3-genetik-ve-kisiye-ozel-tedavi-sempozyumu-yapildi/57982>

The 6th International Loneliness Symposium addressed the topic of "Aging and Loneliness." At the 6th International Loneliness Symposium, organized by Üsküdar University with the main theme of "Aging and Loneliness," a presentation titled "Loneliness in the Elderly in Turkey: Research Findings" was also given.



<https://uskudar.edu.tr/haber/6-uluslararasi-yalnizlik-sempozyumu-nda-yaslilik-ve-yalnizlik-ele-alindi/57969>

The "Youth Policy Document Vision Workshop," organized simultaneously across Turkey by the Ministry of Youth and Sports, successfully kicked off in Istanbul. The workshop, which stands out as an important platform where young people can make their voices heard, generate innovative solutions, and reflect their ideas in policy processes, took shape on scientific and social foundations with the strong support of Üsküdar University.

<https://uskudar.edu.tr/haber/turkiyenin-genclerinden-gelecege-guclu-adimlar/57968>

Prof. Dr. Nevzat Tarhan, Founding Rector of Üsküdar University and psychiatrist, came together with experts in the field at the 'Summit Psychology' event organized by Akansel Education Consulting. During the online event, Tarhan gave a presentation titled "The Journey of Inner Discovery in Psychology." Tarhan stated that modernism has adopted a consumption-oriented philosophy of life. Drawing attention to the cycle of gain and consumption in consumer culture, Tarhan emphasized that consumer culture has begun to consume not only our material resources but also our psychological resources and relationships.

<https://uskudar.edu.tr/haber/prof-dr-nevzat-tarhan-tuketim-kulturu-sadece-finansal-kaynaklarimizi-degil-psikolojik-kaynaklarimizi-da-tuketmeye-basladi/57926>

Prof. Dr. Nevzat Tarhan, Founding Rector of Üsküdar University and psychiatrist, participated in an online discussion organized by the Gaziantep Oğuzeli District National Education Directorate. In his speech titled "Positive Psychology," Tarhan stated that positive psychology aims to improve the quality of human life. Drawing attention to the word of the year, "crowded loneliness," Tarhan emphasized that the home not being a safe space is one of the most important causes of loneliness.

<https://uskudar.edu.tr/haber/guvensiz-ev-ortami-yalnizligi-tetikliyor/57981>

At the "1st Symposium on Saving and Waste" organized by Üsküdar University, the topics of preventing waste and promoting a culture of saving were discussed from all angles. Prof. Dr. Nevzat Tarhan said, "The pursuit of luxury is one of the most important causes of waste today. The consumer economy has consumed our relationships and our mood."

<https://uskudar.edu.tr/haber/i-tasarruf-ve-israf-sempozyumu-yapildi/57959>

On December 3, International Day of Persons with Disabilities, and December 10, Üsküdar University Human Rights Studies Application and Research Center (İHAMER) and the Turkish Human Rights and Equality Agency (TİHEK) organized an online conference titled "Strategies to Combat Discrimination Against Persons with Disabilities in the Context of Human Rights." The conference emphasized that persons with disabilities should have equal rights.



<https://uskudar.edu.tr/haber/engellilere-yonelik-ayrimcilikla-mucadele-stratejileri-ele-alindi/57835>

Prof. Dr. Nevzat Tarhan, Founding Rector of Üsküdar University and Psychiatrist, published his new book titled "Raising Children at Peace with Their Gender (Girls Like Girls, Boys Like Boys)". The book aims to guide families against gender-neutral policies that are becoming widespread today. Emphasizing that a child's sexual identity development not progressing in parallel with its biological nature leads to sexual identity disorder, Tarhan states that these individuals have a 2 times higher risk of suicide and a 20 times higher risk of psychiatric illness.

<https://uskudar.edu.tr/haber/prof-dr-nevzat-tarhandan-yeni-kitap-cinsiyetiyle-barisik-cocuklar-yetistirmek-kiz-gibi-kizlar-erkek-gibi-erkekler/57810>

Konrot, who has conducted significant work in the field of speech and language internationally, was awarded the Certificate of Distinguished Contribution to International Achievement at the 2024 American Speech-Language-Hearing Association (ASHA) Conference. Konrot continues to represent Üsküdar with her outstanding achievements both in Turkey and internationally. Konrot was presented with the award in Seattle.

<https://uskudar.edu.tr/haber/prof-dr-ahmet-konrota-ustun-katki-odulu-takdim-edildi/57792>

The 4th Reproductive Health Exhibition and HIV/AIDS Awareness Symposium was organized by the Midwifery Department of the Faculty of Health Sciences at Üsküdar University and the Turkish Family Health and Planning Foundation. In addition to important topics such as HIV/AIDS awareness, the symposium addressed issues such as gender equality, violence against women, peer violence, and support. The symposium emphasized that prejudice and stereotypes in these areas pose a major problem. Participants stressed the need to raise social awareness on these issues and stated that individuals should not neglect basic protective measures.

<https://uskudar.edu.tr/haber/hiv-ve-aids-farkindaligina-dikkat-cekildi/57791>

Prof. Dr. Nevzat Tarhan, Founding Rector of Üsküdar University and psychiatrist, participated in the seminar titled "Psychology of Faith" organized by Üsküdar University, Risale-i Nur Institute, and Şekercihan Association. Speaking at the seminar, Tarhan stated that it is necessary to look not only at the material dimension of something but also at its meaning. Responding to the question of whether the world is going downhill, Tarhan added that he is hopeful about Generation Z. Using the phrase "Goodness will increase, evil will increase," Tarhan said that goodness has invisible helpers. Stating that good intentions and efforts will not go unrewarded, Tarhan said, "There is no such thing as hopelessness, only hopeless people."

<https://uskudar.edu.tr/haber/prof-dr-nevzat-tarhan-umitsizlik-yok-umitsiz-insanlar-var/57762>

Prof. Dr. Nevzat Tarhan, Founding Rector of Üsküdar University, Psychiatrist, and Author, met with book lovers at the 5th Ümraniye Book Fair. Tarhan gave a talk titled "Psychology Conversations" and



then signed his books for readers. Prof. Dr. Nevzat Tarhan emphasized that happiness cannot be bought with money and stated that if the diagnosis is wrong, the treatment will also be wrong. Tarhan drew attention to the global crisis, emphasizing that humanity has lost its meaning in an environment where materialism is so widespread. Tarhan also stated that the greatest erosion of values is in the feelings of compassion and respect.

<https://uskudar.edu.tr/haber/okurlariyla-soylesen-tarhan-en-buyuk-deger-asinmasi-merhamet-ve-saygi-duygusunda/57763>

The concepts of consciousness, mind, and philosophy were discussed in all their aspects at the '1st International Neurophilosophy Symposium'.

Prof. Dr. Patricia Churcland, a globally recognized authority in the field of neurophilosophy, was the keynote speaker at the symposium, while Prof. Dr. Sultan Tarlacı, who conducts scientific research in this field in our country, was also among the symposium speakers.

<https://uskudar.edu.tr/haber/prof-dr-tarhan-zihinsel-sureclerle-beyindeki-isleyis-arasinda-kopruye-ihhtiyac-var/57673>

Prof. Dr. Tarhan, who held a talk titled "Life Is a Choice" on the effects of psychology on academic life at Gaziantep University, said, "Exams are also stress factors that develop us in life. Therefore, taking calculable risks is good. Someone who doesn't take risks can't learn anything. Life is risk, living is risk."

<https://uskudar.edu.tr/haber/prof-dr-nevzat-tarhan-gaziantep-te-hayat-tercihtir-dedi/57658>

The Haydi Tut Elimi Rehabilitation Education and Solidarity Association, which has been operating within Üsküdar University since 2010, held its 2024 Board of Directors meeting under the chairmanship of Prof. Dr. Nevzat Tarhan, Founding Rector of Üsküdar University and Chairman of the Board of Directors of the Haydi Tut Elimi Association. The meeting discussed the activities carried out throughout the year and possible future collaborations.

<https://uskudar.edu.tr/haber/haydi-tut-elimi-dernegi-2024-yilinda-da-binlerce-ihhtiyac-sahibine-dokundu/57597>

The play "My Mother's Last Screams" was staged in collaboration with the Üsküdar University Institute of Social Sciences, the Kadıköy Municipality Social Life House, and the Kadıköy Branch of the Alzheimer's Association of Turkey. Aiming to raise awareness about Alzheimer's disease, the play was very well received by the audience.

<https://uskudar.edu.tr/haber/alzheimer-farkindaligi-icin-annemin-son-cigliklari-sahnelendi/57593>



A cooperation protocol was signed between the Turkey Darüşşifa Foundation and Üsküdar University. The project, which includes family medicine and family counseling training, is also planned to be developed as an EU project.

<https://uskudar.edu.tr/haber/turkiye-darussifa-vakfi-ile-aile-hekimligi-ve-aile-danismanligi-egitimi-protokolu-imzalandi/57509>

Emre Kaan Şanverdi, a third-year student in the Department of Computer Engineering at the Faculty of Engineering and Natural Sciences at Üsküdar University, and Mustafa Şanverdi, a sixth-year student at the Faculty of Medicine at Üsküdar University, were awarded first place at the 7th International R&D Project Market organized by Bartın University. The awards were presented to the Üsküdar brothers, who won first place with their project titled "Meta-Medicine," by Justice Minister Yılmaz Tunç, Bartın Governor Dr. Nurtaç Arslan, and Bartın University Rector Prof. Dr. Orhan Uzun.

<https://uskudar.edu.tr/haber/meta-tip-projesine-bu-kez-birincilik-odulu/57442>

Üsküdar University established an Addiction Prevention Coordination Unit to carry out more effective work in the fight against addiction. The Coordination Unit is divided into two main committees: the Scientific Committee and the Executive Committee. The Scientific Committee will work to develop strategies, formulate policies, and prepare action plans in the fight against addiction. The Executive Committee will organize relevant projects by forming subcommittees in the field of addiction prevention.

<https://uskudar.edu.tr/haber/uskudar-universitesinden-bagimlilikla-mucadelede-yeni-adim/57353>

Emre Kaan Şanverdi, a third-year student in the Department of Computer Engineering at the Faculty of Engineering and Natural Sciences at Üsküdar University, and Mustafa Şanverdi, a sixth-year student at the Faculty of Medicine at Üsküdar University, have been accepted to the WISH 2024 (World Innovation Summit for Health) event held in Qatar with their "VR Glasses for Surgical Application Local Software Project" developed with the support of TÜBİTAK. This project enriches the educational process by providing medical, pharmacy, and dentistry students with virtual cadaver anatomy and surgical simulations using VR-AR-XR glasses technology.

<https://uskudar.edu.tr/haber/uskudarli-kardesler-gelistirdikleri-proje-ile-ogrencilere-cerrahide-pratik-firsati-sunuyor/57307>

Prof. Dr. Nevzat Tarhan, Founding Rector of Üsküdar University and psychiatrist, held a discussion with parents and educators at Acıbadem Schools. In the discussion titled "Intra-Family Communication and Psychological Support in Education," Tarhan touched on points to consider in intra-family communication. Stating that a lack of communication is worse than conflictual communication, Tarhan emphasized that selfishness is the number one enemy of marriage. Stating that even jokes should not be told in marriage, Tarhan emphasized that the most common mistake in marriage is attributing problems



to external causes, and that if medical hygiene is washing your hands, psychological hygiene is self-criticism.

<https://uskudar.edu.tr/haber/psikolojik-hijyenin-ilk-sarti-ozelestiri/57259>

The expanded second edition of the book "The Rhythm of Brain Waves Through the Eyes of a Psychiatrist," written by Prof. Dr. Sermin Kesebir, a psychiatrist at Üsküdar University NPİSTANBUL Hospital, has been published. Published by Üsküdar University (ÜÜ) Publications, the book also addresses the topics of Bipolar Identity and Body-Mind.

<https://uskudar.edu.tr/haber/beyin-dalgalarinin-ritmi-kitabinin-genisletilmis-2nci-baskisi-raflarda/57232>

Researchers from Üsküdar University and NPİSTANBUL Hospital, led by Prof. Dr. Nevzat Tarhan, shared their latest research and findings at the "EEG and Clinical Neuroscience Society (ECNS) 2024 Congress" held in Toronto, Canada, between October 15-18, 2024. Prof. Dr. Nevzat Tarhan's big data-focused studies conducted at the university attracted attention. At the congress, NPİSTANBUL Hospital Neurology Specialist Prof. Dr. Barış Metin was awarded the "Presidential Award" by ECNS (EEG and Clinical Neuroscience Society). Vice Rector Prof. Dr. Türker Tekin Ergüzel stated that they are working on a multi-model intelligent prediction architecture supported by voice data for emotion classification studies. NPİSTANBUL Hospital Psychiatrist Dr. Elvan Çiftçi addressed diagnosis, treatment, and prognosis processes in computational neuropsychiatric clinical applications through computational EEG analysis and MRI studies.

<https://uskudar.edu.tr/haber/uskudar-universitesi-kanadada-hesaplamali-sinirbilim-arastirmasini-sundu/57132>

Erenköy Mental and Nervous Diseases Hospital, one of Üsküdar University's external partners, organized an "In-Service Nursing Education" program. Dr. Elçin Babaoğlu, Instructor at the Nursing Department of the Faculty of Health Sciences at Üsküdar University, gave a training titled "Basic Communication with Individuals with Psychiatric Problems 1" within this scope. Addressing the basic knowledge and skills needed to initiate, maintain, and conclude communication with psychiatric patients, Babaoğlu will deliver another training session titled "Interview Techniques with Individuals with Psychiatric Problems" on October 24.

<https://uskudar.edu.tr/haber/dr-ogr-uyesi-elcin-babaoglu-psikiyatrik-sorunu-olan-birey-ile-temel-iletisim-baslikli-egitim-verdi/57117>

The Üsküdar University NeuroSpectra team won first place in the TEKNOFEST 2024 Biotechnology and Innovation-Rare Diseases Genetic Treatment Category (RaDiChal) with their project titled "An Innovative Approach in ALS Treatment: Progranulin Enhancement and Autophagy Activation." The awards were presented to the winning students at TEKNOFEST 2024, held in Adana.



<https://uskudar.edu.tr/haber/uskudar-universitesine-teknofest-odulu/57092>

The "Universal Human Values and Rights Manifesto," launched in 2023 and opened for signature in 2024, has attracted significant interest. To date, approximately 400,000 people have signed the manifesto.

<https://uskudar.edu.tr/haber/evrensel-insani-deger-ve-haklar-manifestosuna-ilgi-yogun/57089>

The "4th Women's Health and Nursing Workshop: Work Areas, Duties, Powers, and Responsibilities" was organized by the Nursing Department of Marmara University's Faculty of Health Sciences. Associate Professor Nuriye Pekcan and Lecturer Derya Deniz from the Nursing Department of Üsküdar University's Faculty of Health Sciences participated in the workshop. During the workshop, efforts were made to redefine and elaborate on the duties, authorities, and responsibilities within the legal framework of Women's Health and Disease Nursing.

<https://uskudar.edu.tr/haber/uskudarli-akademisyenler-4-kadin-sagligi-ve-hastaliklari-hemsireligi-calistayina-katildi/57031>

The Istanbul Provincial Directorate of National Education organized a panel titled "The Past, Present, and Future of Psychological Counseling" hosted by Üsküdar University. The opening speech of the panel, held within the scope of National Psychological Counselors Day on September 30, was delivered by Mehmet Nezir Eryarsoy, Deputy Director of the Istanbul Provincial Directorate of National Education.

<https://uskudar.edu.tr/haber/psikolojik-danismanligin-dunu-bugunu-ve-yarini-konusuldu/56992>

Prof. Dr. Nevzat Tarhan, Founding Rector of Üsküdar University and psychiatrist, addressed numerous dermatologists and plastic surgery specialists at the Holistic Aesthetics Congress. In his presentation titled "Body Dysmorphic and Aesthetic Perception Disorder," Tarhan said that these individuals are overly focused on their bodies and physical appearance and experience excessive anxiety due to imaginary or insignificant flaws. Reminding that plastic surgery should concern itself not only with patients' physical health but also their psychological well-being, Tarhan said that in such cases, surgeons should collaborate with a psychiatrist if they suspect their patients may have body dysmorphic disorder. Stating that surgical operations should be avoided in these cases, Tarhan added that these patients often request multiple cosmetic procedures and may pressure physicians because they cannot get what they want.

<https://uskudar.edu.tr/haber/prof-dr-nevzat-tarhan-plastik-cerrahi-hastalarin-psikolojik-sagligiyla-dailgili-olmali/56984>

Prof. Dr. Nevzat Tarhan, Founding Rector of Üsküdar University and psychiatrist, participated in the 8th National Holistic Psychotherapy Congress organized by the Psychotherapy Institute. Delivering a



presentation titled "The Brain Connections of Psychotherapy," Tarhan emphasized that psychotherapy's ability to reshape the brain is effective not only at the behavioral level but also at the biological level.

<https://uskudar.edu.tr/haber/prof-dr-nevzat-tarhan-psikoterapi-sadece-davranissal-degil-biyolojik-duzeyde-de-beyni-sekillendiriyor/56947>

Üsküdar University Faculty of Medicine students continue to add new achievements to their list. The NeuroSpectra team, advised by Dr. Burcu Türkgenç, Head of the Department of Medical Biology, achieved great success by placing third in the TEKNOFEST 2024 Biotechnology and Innovation-Rare Diseases competition. The team, which advanced to the finals with their project titled "An Innovative Approach in ALS Treatment: Progranulin Enhancement and Autophagy- e Activation," had the opportunity to present their project to Minister of Industry and Technology Mehmet Fatih Kaçır during the competition's final stage. The project by Üsküdar Medical students was highly praised.

<https://uskudar.edu.tr/haber/uskudar-tip-ogrencileri-teknofestte-3uncu-oldu/56931>

The second meeting of the Addiction Prevention Working Group, chaired by Üsküdar University Rector Prof. Dr. Nazife Güngör and Üsküdar University Vice Rector Prof. Dr. Sevil Atasoy, was held. At the meeting, ideas were exchanged about projects that could be implemented in the fight against addiction.

<https://uskudar.edu.tr/haber/bagimlilik-ile-mucadele-komitesi-ikinci-kez-toplandi/56815>

The Online Aphasia Therapy Program has been adapted into Turkish within the Speech and Language Therapy Department of the Institute of Health Sciences at Üsküdar University to support the communication skills of patients with aphasia.

<https://uskudar.edu.tr/haber/afazili-bireylere-cevrimici-terapi-destegi/56539>

Deputy Minister of Family and Social Services Sevim Sayım Madak and President of the Federation of Autism and Disability Associations Prof. Dr. Mustafa Usta visited Üsküdar University. During the meeting, attention was drawn to autism awareness, and the possibility of implementing projects related to autism was discussed. Furthermore, it was emphasized that academic studies related to autism could be conducted between the Department of Social Services at the Faculty of Health Sciences at Üsküdar University and the Ministry of Family and Social Services.

<https://uskudar.edu.tr/haber/aile-ve-sosyal-hizmetler-bakanligiyla-otizm-farkindaligina-dikkat-cekildi/56334>

As the deadline for university applications approaches, TRGENMER Director Dr. Cihan Taştan gave students an important piece of advice: "Get to know yourself and discover the areas in which you excel. This will both enhance your academic success and allow you to enjoy your university life." Dr. Cihan Taştan added, "Our students are able to produce solutions to real-world problems by participating in



space-related projects, such as the MESSAGE science mission we carried out as part of Turkey's first manned space mission."

<https://uskudar.edu.tr/haber/ogrencilerimiz-uzay-calismalarini-igilendiren-projelerde-de-yer-aliyor/56261>

Since its establishment in 2011, Üsküdar University, which has attracted attention with its academic work on artificial intelligence applications in health sciences, has been offering a course titled "Artificial Intelligence and Data Science for Innovation in Health" to its Faculty of Medicine students for a year... Thus, Faculty of Medicine students can see the modeling approaches used in big data analysis, especially through project applications.

<https://uskudar.edu.tr/haber/uskudar-tipta-saglikta-inovasyon-icin-yapay-zeka-ve-veri-bilimi-dersi-dikkat-cekiyor/48447>

Dr. Demet Gülaldı, Lecturer at the Department of Child Development, Faculty of Health Sciences, Üsküdar University Dr. Demet Gülaldı, Lecturer at the Department of Child Development, Faculty of Health Sciences, Üsküdar University (), and Dr. Tuğba Yılmaz Esencan, Lecturer at the Department of Midwifery, participated in the COST TREASURE program (CA 22114 Maternal Perinatal Stress and Adverse Outcomes for the Child: Maximizing Infant Development). The working group led by Gülaldı and Esencan as group leaders () planned to conduct a survey among healthcare professionals working in this field regarding awareness of maternal perinatal stress and to develop an international scale for awareness.

<https://uskudar.edu.tr/haber/cost-treasure-konferansinda-ebeveynlerin-perinatal-ruh-sagligi-konusuldu/48386>

Significant progress has been made on the blood samples taken by Turkey's first astronaut, Alper Gezeravcı, in the zero-gravity environment of space and sent to the Üsküdar University TRGENMER laboratory.

Dr. Cihan Taştan, Project Manager of the MESSAGE experiment, stated that the studies conducted on the samples brought back from space have yielded exciting findings, adding, "In particular, the changes observed in the expression levels of certain genes under microgravity conditions may create significant differences in the behavior of immune system cells."

<https://uskudar.edu.tr/haber/turkiyenin-ilk-uzay-misyonunda-yer-alan-message-deneyi-heyecan-verici-bulgular-ortaya-koydu/48380>

The Orthopedic Prosthetics and Orthotics Program at Üsküdar University Health Services Vocational School (SHMYO) organized a visit to Otto Bock. During the event, Prosthetics and Orthotics Technician Lokman Sağlık guided the students through the workshops at Otto Bock, providing information on the



use of devices and materials. A seminar on myoelectric and bionic hand applications was also held for the students.

<https://uskudar.edu.tr/haber/ortopedik-protez-ve-ortez-ogrencileri-otto-bock-firmasini-gezdi/48187>

The 1st National Nutrition and Dietetics Current Approaches Congress, organized by Üsküdar University with the theme "Current topics in nutritional treatment of psychiatric and neurological diseases," was held on May 24-25 at the NP Health Campus Ibn Sina Auditorium.

<https://uskudar.edu.tr/haber/1-ulusal-beslenme-ve-diyetetikte-guncel-yaklasimlar-kongresi-yapildi/47916>

The Food Technology Department and Food Club of the Health Services Vocational School (SHMYO) at Üsküdar University organized the "Food Technology Company Meetings – 1 / SSN Sports" event. The event was attended by expert trainers and athletes in the field, and the importance of sports was emphasized. SHMYO Director Prof. Dr. Mesut Karahan said, "In addition to theoretical courses, it is very valuable for experts in the field to share their experiences..."

<https://uskudar.edu.tr/haber/gida-teknolojisi-firma-bulusmalari-1-etkinligi-duzenlendi/47891>

The Visual Communication Design Department of the Faculty of Communication at Üsküdar University organized an event titled "Small Hands, Big Hopes" as part of a social responsibility project supported by the Haydi Tut Elimi Association. Residents of Üsküdar gathered with students from Kastamonu Atabeyli Middle School to deliver the collected donations to the children.

<https://uskudar.edu.tr/haber/uskudar-ailesi-kucuk-ellere-buyuk-umut-oldu/47882>

The Occupational Health and Safety Program of the Üsküdar University Health Services Vocational School (SHMYO) and the Young Red Crescent Club collaborated to organize an "Autism Awareness Education Program." The event aimed to raise awareness about Autism Spectrum Disorder and emphasized the importance of early diagnosis and intervention.

<https://uskudar.edu.tr/haber/otizmde-erken-tani-ve-tedavi-oldukca-onemli/47881>

Prof. Dr. Nevzat Tarhan, Head of the Department of Psychiatry and Founding Rector of Üsküdar University: "All children we say have learning difficulties can learn, but their learning models are different." Prof. Dr. Tarhan: "Now everyone says, 'My child has dyslexia.' A dyslexia diagnosis is like a panic disorder diagnosis; it's a good diagnosis. It doesn't label the child."

Elmas Esra Ceceli, Director General of Disability and Elderly Services at the Ministry of Family and Social Services, stated that learning difficulties cover a wide range and said, "We are moving towards a stage where those who think differently will be separated."



<https://uskudar.edu.tr/haber/hepsi-ogrenebiliyor-ama-ogrenme-modelleri-farkli/47846>

Üsküdar University attracts attention with its national and international initiatives. Prioritizing R&D studies and undertaking numerous initiatives in branding, design, and their registration, Üsküdar University ranked among the top in the "Turkey Patent Report 2023." According to the report approved by "Patent Effect," Üsküdar University ranked 9th in Turkey with 21 patent applications, 5th among foundation universities, and 20th in European patent registrations with 2 registered patents.

<https://uskudar.edu.tr/haber/uskudar-marka-ve-patent-calismalarinda-ilk-5te/47724>

The "5th National Occupational Health and Safety Student Congress" was held as part of Occupational Health and Safety (OHS) Week. Hosted by Istanbul Medeniyet University and supported by Üsküdar University, the congress was sponsored by Niğde Ömer Halisdemir University, Batman University, Health Sciences University, Kırşehir Ahi Evran University, MESKA Foundation, MOFWEB, MEL Electronics, and STEM BIO. The congress, themed "Engineering Approaches to Risk Management and Occupational Safety," was attended by Dr. Rüştü Uçan, Head of the Occupational Health and Safety Department, and academics from the department.

<https://uskudar.edu.tr/haber/v-ulusal-is-sagligi-ve-guvenligi-ogrenci-kongresi-gerceklesti/45176>

The Neuropsychopharmacology Application and Research Center (NPFUAM) at Üsküdar University organized a "Certificate Program on the Use of Laboratory Animals." The 8th session of this training was given by Prof. Dr. İ. Tayfun Uzbay, Advisor to the Rector of Üsküdar University and Director of NPFUAM; Dr. Ayşe Özçetin, Deputy Director of NPFUAM and Faculty Member of the Department of Psychology, Faculty of Humanities and Social Sciences; and Dr. Burcu Çevreli, Course Coordinator and President of ÜSGÜDAP. Üsküdar University Molecular Biology and Genetics Department students Sena Sevim and Öykü Nur Önen completed the training with the highest grades. Üsküdar University Rector Prof. Dr. Nazife Güngör also attended the ceremony.

<https://uskudar.edu.tr/haber/deney-hayvanlari-kullanim-sertifikasi-egitim-programinin-8incisi-duzenlendi/45137>

The National Üsküdar University Sports Physical Therapy Symposium was held for the first time this year at the Üsküdar University NP Health Campus. The symposium was attended by leading figures in the field of physical therapy and national athletes from various disciplines.

<https://uskudar.edu.tr/haber/1-ulusal-uskudar-universitesi-sporda-fizyoterapi-sempozyumu-gerceklestirildi/45123>

Positive Psychology Talks, which aim to promote mental health, happiness, hope, a meaningful and purposeful life, and self-actualization, have begun...



The first conference, titled "Introduction to Positive Psychology: The Science of Good Living," was attended by hundreds of people from different regions of Turkey and various parts of the world.

<https://uskudar.edu.tr/haber/herkese-acik-pozitif-psikoloji-soylesileri-basladi/45052>

The Celiac Foundation organized a gala dinner in its first year to raise social awareness about celiac disease and draw attention to its effects. At the event, the Foundation presented plaques of appreciation to individuals who have touched the lives of celiac patients and contributed to their more comfortable and convenient lives. During the program, which was attended by Üsküdar University Rector Prof. Dr. Nazife Güngör and Rector's Advisor, Üsküdar University and NİSTANBUL Hospital Group Coordinator Serdar Karagöz, appreciation plaques were presented to Güngör and Karagöz on behalf of Üsküdar University Founding Rector Prof. Dr. Nevzat Tarhan.

<https://uskudar.edu.tr/haber/colyak-vakfindan-uskudar-universitesine-tesekkur-plaketi/45042>

The 2024 Board of Directors meeting of the Haydi Tut Elimi Rehabilitation Education and Aid Association, which has been operating within Üsküdar University since 2010, was held under the chairmanship of Prof. Dr. Nevzat Tarhan, Founding Rector of Üsküdar University and Chairman of the Board of Directors of the Haydi Tut Elimi Association. The meeting discussed the activities carried out throughout the year and possible future collaborations.

<https://uskudar.edu.tr/haber/haydi-tut-elim-dernegi-2024-yilinda-da-binlerce-ihiyac-sahibine-dokundu/57597>

The Department of Speech and Language Therapy at the Faculty of Health Sciences, Üsküdar University, in collaboration with the Üsküdar University Speech and Language Disorders Education-Research and Application Center Directorate (ÜSESKOM) and the Istanbul Provincial Directorate of National Education, organized a seminar titled "Speech and Language Disorders Observed in Educational Settings." At the seminar, which was attended by educators working in Istanbul, field experts drew attention to speech and language disorders observed in educational settings.

<https://uskudar.edu.tr/haber/egitim-ortamlarinda-gorulen-dil-ve-konusma-bozukluklari-her-yonuyle-ele-alindi/45015>

Students from the Department of Molecular Biology and Genetics at the Faculty of Engineering and Natural Sciences at Üsküdar University achieved another success. Within the scope of the "2209-A Undergraduate Student Research Projects Support Program" conducted by the Scientific Research Support Programs Presidency (BİDEB) of the Scientific and Technological Research Council of Turkey (TÜBİTAK), five more projects focused on "Cancer and Fanconi Gene Engineering" by the Üsküdar University TRGENMER team have been awarded support.

<https://uskudar.edu.tr/haber/trgenmerin-5-yeni-projesi-daha-tubitak-arafından-destekleniyor/44942>



Prof. Dr. Muhsin Konuk, Vice Rector of Üsküdar University, was a guest at the Turkish Biology Sciences Network (TBBA) Academy. Addressing the topic of "Pharmacogenetics as an approach to translational science," Konuk stated that traditional treatments and drugs are not very effective and that drugs and treatments tailored to genetic structure are important.

<https://uskudar.edu.tr/haber/prof-dr-muhsin-konuk-klasik-receteler-ise-yaramiyor/44940>

The 6th International Positive Psychology Congress, organized by Üsküdar University this year, will be held on April 19-20, 2024, with the theme of "Positive Psychology in Interpersonal Relationships." The congress, which will be attended by world-renowned scientists, will feature "The Wisdom of Self-Compassion in Therapy," "Forgiveness in Couple Relationships," "Psychological Resilience in Relationships," "Building Positive Relationships," "Developing Psychological Resilience Through Hope," and "The Importance of Perseverance in Relationships."

The honorary guest of the conference is Dr. Tayyab Rashid from the University of Melbourne. Dr. Rashid will address the topic of "The Orbits of Positive Relationships."

<https://uskudar.edu.tr/haber/uluslararası-pozitif-psikoloji-kongresi-kisiler-arası-iliskilerde-pozitif-psikoloji-temasıyla-duzenleniyor/44944>

Volunteer youth from the Haydi Tut Elimi Association, chaired by Prof. Dr. Nevzat Tarhan, Founding Rector of Üsküdar University, traveled to Hatay, which was affected by the February 6 earthquakes, during their first year, bringing smiles to the faces of children during Hatay's challenging post-earthquake period.

<https://uskudar.edu.tr/haber/hatayda-cocuklara-ve-ailelere-yonelik-hatay-icin-elele-programi-duzenlendi/44931>

A seminar titled "I'm Aging Healthily, I'm Aging Happily" was organized in collaboration with Üsküdar University and Şişli Municipality. The event, held as part of "Respect for the Elderly Week," was attended by Dr. Remziye Keskin, Deputy Director of the Institute of Social Sciences at Üsküdar University, Dr. Zeynep Gümüş Demir, Head of the Applied Psychology Department, Dr. İdil Arasan Doğan, Lecturer at the Psychology Department of the Faculty of Humanities and Social Sciences, and Dr. İdil Arasan Doğan, Lecturer at the Psychology Department of the Institute of Social Sciences and Specialist Psychologist.

<https://uskudar.edu.tr/haber/yaslılara-saygi-haftasında-saglıklı-yas-alıyorum-mutlu-yaslanıyorum-semineri-duzenlendi/44686>

İdil Arasan Doğan, Lecturer at the Psychology Doctorate Program of the Institute of Social Sciences at Üsküdar University and Specialist Psychologist, met with elderly people as part of Respect for the Elderly Week. At the "Aging Together" seminar organized by the Kadıköy Municipality Alzheimer's



Center at the Kozyatağı Cultural Center, Doğan drew attention to the progression of aging and emphasized the concept of "Gerotranscendence."

<https://uskudar.edu.tr/haber/yasliiligin-ilerlemesinde-gerotransandansa-ulasmak/44669>

A research team from Üsküdar University, led by Founding Rector Prof. Dr. Nevzat Tarhan, represented our country in two separate sessions at a conference held in the USA.

Dr. Babak Kateb, President of the Brain Mapping and Therapies Association, stated that they have created regional initiatives under the Neuroscience 2020 umbrella to bring together scientists from different fields and inspire each other. The video, which highlights the work done in this field to date, gives ample space to researchers from Üsküdar University and NİSTANBUL Hospital representing Turkey...

<https://uskudar.edu.tr/haber/turkiyeyi-g20-n20de-uskudarli-arastirma-gruplari-calismalariyla-temsil-ediyor/44657>

The Scientific Research Society Club of Üsküdar University organized an event titled "Current Approaches in Medical Technology." The event was attended by Üsküdar University Vice Rector Prof. Dr. Muhsin Konuk, Vice Rector Prof. Dr. Hikmet Koçak, and Prof. Dr. Sevim Işık, a faculty member of the Department of Molecular Biology and Genetics at the Faculty of Engineering and Natural Sciences. The event covered stem cells and the human genome project.

<https://uskudar.edu.tr/haber/arastirmacilar-kok-hucre-ve-genom-u-konustu/44384>

Blood samples taken by Turkey's first astronaut, Alper Gezeravcı, in a zero-gravity environment in space have arrived at Üsküdar University's TRGENMER laboratory.

As part of the MESSAGE (Microgravity-Associated Genetics) experiment, one of 13 scientific studies conducted during Turkey's first manned space mission, the blood samples collected by Alper Gezeravcı at the International Space Station were delivered to the MESSAGE team led by Cihan Taştan.

<https://uskudar.edu.tr/haber/message-deneyinin-kan-ornekleri-teslim-edildi/44383>

Üsküdar University, the first Turkish university designated as a Center of Excellence by UNESCO TWAS, hosts many international students on its campuses. With the support of TÜBİTAK, numerous researchers are conducting scientific studies as part of their graduate education in the TWAS Center of Excellence laboratories at Üsküdar University.

<https://uskudar.edu.tr/haber/dunyanin-farkli-ulkelerinden-arastirmacilar-calismalarini-uskudar-laboratuvarlarinda-gerceklestiriyor/44356>



The Health Tourism Application and Research Center (SATUMER) and the Continuing Education Application and Research Center (ÜSEM) at Üsküdar University organized a "Health Tourism Workshop Program." The workshop, which was held in two sessions and three groups with the participation of experts in the field, addressed Turkey's current situation in terms of health tourism, stakeholders, and the strengths and weaknesses of human resources working in this field. In this context, the topics to be considered in the content and presentation of the training to be provided were also discussed.

<https://uskudar.edu.tr/haber/saglik-turizminin-gelisimi-icin-bir-araya-gelindi/43848>

The closing meeting of the "Project to Produce Technology-Focused, Sustainable Telerehabilitation Services and Train Qualified Workforce in Istanbul" (), advised by Prof. Dr. Ahmet Konrot, Head of the Speech and Language Therapy Department at Üsküdar University Faculty of Health Sciences, and supported by the Istanbul Development Agency (İSTKA), The closing meeting was attended by Istanbul Provincial Health Director Prof. Dr. Kemal Memişoğlu and numerous healthcare professionals.

<https://uskudar.edu.tr/haber/isterin-kapanis-toplantisina-prof-dr-ahmet-konrot-katildi/43690>

A workshop on nanoparticles in flow cytometry was organized by the Department of Molecular Biology and Genetics, Faculty of Engineering and Natural Sciences, Üsküdar University, and TRGENMER. The workshop emphasized the importance of characterizing exosomes after isolation. Experts emphasized that exosomes and lipid nanoparticles are not newly discovered methods. It was also noted that the lipitomic profiles of vesicles are also quite important. It was recorded that half of the studies conducted to date have been on cancer.

<https://uskudar.edu.tr/haber/flow-sitometride-nanopartikul-calistayi-duzenlendi/43637>

Assoc. Prof. Dr. Müge Arslan, Head of the Department of Nutrition and Dietetics at Üsküdar University's Faculty of Health Sciences, edited the Turkish edition of Paul Insel's book "Nutrition," which holds an important place among international scientific books. By undertaking the editing of the book, Üsküdar University has become one of Turkey's leading universities in terms of prestige and quality in the field of Nutrition and Dietetics. In addition, Assoc. Prof. Dr. Müge Arslan announced that she would donate the "Nutrition" book to Üsküdar University libraries for free access in order to contribute to students' educational lives.

<https://uskudar.edu.tr/haber/nutrition-kitabi-doc-dr-muge-arslan-editorlugunde-turkiyede-raflarda/43555>

Turkish scientists have developed a new treatment method for relapsed and resistant ALL cancer and presented the results obtained from animal testing to the scientific community. Dr. Cihan Taştan, Director of the Transgenic Cell Technologies Application and Research Center (TRGENMER) Director Dr. Cihan Taştan stated that they have developed a new treatment method for relapsed and resistant ALL (Acute Lymphoblastic Leukemia) cancer, saying, "We published the results we obtained from our



experiments on animals in Cancer Gene Therapy, a journal that is part of the Nature publishing group, one of the most respected journals in the scientific world." Dr. Cihan Taştan: "Our next step is to move on to human clinical trials and develop one of our country's indigenous, smart, living drugs. Thanks to the GMP laboratory to be established at our university, we will be able to start Phase studies."

<https://uskudar.edu.tr/haber/turk-bilim-insanlari-bir-kanser-turu-icin-akilli-ilac-gelistiriyor/43466>

The Istanbul Provincial Disaster and Emergency Management Directorate and Küçükçekmece District Governor's Office organized face-to-face and field training for AFAD volunteers. Recep Yılmaz, Instructor at the Electroneurophysiology Program of the Üsküdar University School of Health Services (SHMYO), participated in the training. Yılmaz received training in both theoretical and practical application areas.

<https://uskudar.edu.tr/tr/icerik/57293/uskudar-universitesi-afad-egitimlerini-onemsiyor>

The Preschool Educator Training Program was organized in collaboration between the Üsküdar University Continuing Education Application and Research Center (USEM) and Birikim Schools. The program, which featured renowned experts, provided training to kindergarten founders, administrators, and teachers. The program, which attracted great interest, was conducted by Clinical Psychologist Zeynep Külahlı and Psychologist Dr. Çisem Uzun. The training focused on child psychology . The importance of educators always being open to communication was also emphasized.

<https://uskudar.edu.tr/tr/icerik/57302/anaokulu-egitici-egitiminde-cocuk-psikolojisi-ele-alindi>

The 'WFNS Education Course,' one of the world's leading events in the field of brain, nerve, and spine surgery, is being held in Istanbul this year! The course, jointly organized by the World Federation of Neurosurgical Societies (WFNS) Education and Training Committee, the WFNS Young Neurosurgeons Forum Committee, and NPISTANBUL Hospital, began on September 27-29, 2024, at the Ibn Sina Auditorium of Üsküdar University NP Health Campus. Speaking at the opening of the event, Prof. Dr. Nevzat Tarhan, Founding Rector and Chairman of the Board of Üsküdar University, said, "We were the first to bring personalized treatment to Turkey." Tarhan also noted that they are the third hospital in the world to receive JCI accreditation in their field, adding, "We have implemented the latest innovative treatments such as diagnostic tools, deep TMU neuromodulation, and pharmacogenetic laboratories. This year, we are also hosting many valuable experts working under the umbrella of 'Brain, Nerve, and Spine Surgery.'"

<https://uskudar.edu.tr/tr/icerik/56964/dunyaca-unlu-beyin-sinir-ve-omurga-cerrahisi-uzmanlari-istanbula-geldi>

Student clubs actively operating at Üsküdar University organize numerous activities aimed at improving health and well-being. These clubs raise awareness in local communities with the participation of student volunteers and conduct awareness campaigns on topics such as hygiene, healthy eating, sports and exercise, healthy aging, and mental health. Club activities, which are part of our university's community



service vision, both increase students' sense of social responsibility and contribute to the health and well-being of the community.

Below are examples of activities carried out by student clubs:

2024-2025 EVENT CALENDAR									
S.No	Club/Year	Event Name	Event Date	Event Time	Speakers	Location	Campus	Field	Type
1	Red Cross Club	Hope In Hearts, Smiles on Faces	September 16, 2024	2:30 PM	Red Cross Club, History and Art Club, Midwifery and Entrepreneurship Club, Human Values and Ethics Club	Aggahin Village-Pazarlık/Kanankent/Maniçak	Health Campus	SOCIAL RESPONSIBILITY	VOLUNTEERING
2	Medical Students Association Club	The Path to Success in Medical School: The Secret to Stress Management and Self-Confidence	September 30, 2024	8:00 PM	Assoc. Prof. Dr. Nihmah Öztürk (Kırıkkale University)	ZOOM	Health Campus	SCIENTIFIC ACTIVITY	TALK
3	First Touch of Miracle Club	Mindfulness and Breastingfeeding	October 7, 2024	-	Club Members / Dr. Arzu Akdemir, Assistant Professor	ZOOM	Health Campus	SCIENTIFIC ACTIVITY	SEMINAR
4	First Touch of Miracle Club	Let's Get Acquainted	October 7, 2024	1:40 PM	Club Members / Midwifery Department Faculty	NP Health Campus, Classroom 713	Health Campus	SOCIAL - CULTURAL ACTIVITY	INTRODUCTORY MEETING
5	Health, Culture, and Sports Directorate Presidency	Bosphorus Cruise on the Valide Sultan Ship	October 10, 2024	11:00	University Students	Üsküdar Pier	All Campuses	TRIP	Cultural Tour
6	Medical Students' Union Club	Üsküdar TÖB Introductory Meeting	October 10, 2024	4:00	Club Management Members	Hippocrates Conference Hall	Health Campus	SOCIAL - CULTURAL ACTIVITY	INTRODUCTORY MEETING
7	Young Medical Students Club	Let's Get Acquainted	October 10, 2024	5:00 PM	Club Members	NP Health Campus / El Razi Conference Hall	Health Campus	SOCIAL - CULTURAL ACTIVITY	INTRODUCTORY MEETING
8	Health, Culture, and Sports Directorate Presidency	Nature Walk	October 13, 2024	8:30 AM-4:00 PM	Üsküdar University Staff	Karşıpe-Soğuşpinar	All Campuses	TRIP	Cultural Trip
9	Conscience of the Age Club	Resistance in the Shadow of Oppression: Kermes	October 14, 2024	9:00	Club Members	14 Health / 15 South / 21 Center / 16 Market	All Campuses	SOCIAL RESPONSIBILITY	HUMANITARIAN AID
10	Human Values and Ethics Club	Resistance in the Shadow of Oppression: Emotion	October 14, 2024	9:00	Club Members	Campus Lobbies	All Campuses	SOCIAL - CULTURAL ACTIVITY	AWARENESS
11	Scientific Research Club (ÜSKÜB&T)	Clinical Experiences Series - General Surgery	October 14, 2024	6:30 PM - 7:30 PM	Prof. Dr. Yakup Tuna (Üsküdar University)	NP Health Campus / El Razi Conference Hall	Health Campus	SCIENTIFIC ACTIVITY	SEMINAR
12	Young Earth Doctors Club	A Conversation with Dr. Esen Aydemir on Experiences in Palestine	October 15, 2024	4:00 PM - 6:00 PM	Dr. Esen Aydemir	El Razi Conference Hall	Health Campus	SOCIAL - CULTURAL ACTIVITY	TALK
13	Medical Students' Association Club	Change Exam Introduction	October 16, 2024	9:00 PM	Club Management Members	ZOOM	Health Campus	SCIENTIFIC ACTIVITY	EDUCATION
14	Developer Student Club	Info Session	October 17, 2024	3:00 PM	Club Members	Kuleli Hall	Main Campus	SOCIAL - CULTURAL ACTIVITY	INTRODUCTORY MEETING
15	Red Crescent Club	Resistance in the Shadow of Oppression: Competition	October 23, 2024	2:00 PM - 5:00 PM	Club Members	Emir Nesi Conference Hall	Market Campus	SOCIAL - CULTURAL ACTIVITY	COMPETITION
16	Aviation and Entrepreneurship Club	Meet and Greet Day	October 25, 2024	4:00 PM	Club Members	Classroom-306	Main Campus	SOCIAL - CULTURAL ACTIVITY	INTRODUCTORY MEETING
17	Human Values and Ethics Club	Let's Meet for a Bosphorus Cruise	October 25, 2024	2:30 PM	Club Members	Üsküdar Pier	Main Campus	TRIP	CULTURAL TOUR
18	Dental Students' Association Club	Dental Students Meet	October 25, 2024	1:30 PM	Club Members	1st Floor Social Area	Health Campus	SOCIAL - CULTURAL ACTIVITY	INTRODUCTORY MEETING
19	First Touch of Miracle Club	4th Artise Reading Event	October 26, 2024	6:45 PM	Lecturer Didem Kurup Ooobe / Club Members	ZOOM	Health Campus	SCIENTIFIC ACTIVITY	ANALYSIS
20	Health, Culture, and Sports Directorate Presidency	Republic Cup, Staff Table Tennis Tournament	October 30, 2024	10:00 AM-4:00 PM	Üsküdar University Staff	NP Health Campus	Health Campus	SPORTS ACTIVITIES	SPORTS
21	Medical Technology Club	Medical Technology Club Introductory Meeting	October 30, 2024	4:30 PM	Club Members	Classroom-306	Main Campus	SOCIAL - CULTURAL ACTIVITY	INTRODUCTORY MEETING
22	Young Earth Doctors Club	Hospital Visit and Children's Festival	October 30, 2024	12:00 PM-3:00 PM	Club Members	Ümraniye Training and Research Hospital	Health Campus	SOCIAL - CULTURAL ACTIVITY	VOLUNTEERING
23	Speech and Language Therapy Club	Desensitization	October 31, 2024	3:00 PM	Atacan Tanayın, Bilge Toşun	Hippocrates Conference Hall	Health Campus	SCIENTIFIC ACTIVITY	TALK
24	Intercultural Club	Welcome Back	November 1, 2024	1:00	International Students	Former Faculty of Medicine	Health Campus	SOCIAL - CULTURAL ACTIVITIES	Entertainment
25	Developer Student Club	Mobile Development and Freelance Career	November 1, 2024	1:00 PM	Abdulmelik Kilgırsan	Kuleli Hall	Main Campus	SCIENTIFIC ACTIVITY	TALK
26	Medical Technology Club	At the Medical Technology Sculpture Workshop	November 1, 2024	3:00 PM	Club Members	Anka Workshop - Kadıköy	Health Campus	SOCIAL - CULTURAL ACTIVITY	WORKSHOP
27	Medical Students Association Club	MedFak 01	November 1, 2024	8:00 PM	Club Members	ZOOM	Health Campus	SOCIAL - CULTURAL ACTIVITY	INTRODUCTORY MEETING
			2024						
28	Hold My Hand Club	Children's Festival	November 2, 2024	2:00 PM - 5:00 PM	Republic Day Celebration	Classroom 119	Market Campus	SOCIAL RESPONSIBILITY	VOLUNTEERING
29	Young Earth Doctors Club	Meet and Greet Event	November 3, 2024	2:00 PM	Club Members	Doctors of the Earth Association / Zeytinburnu	Health Campus	SOCIAL - CULTURAL ACTIVITY	INTRODUCTORY MEETING
30	Young Earth Doctors Club	İstanbul Marathon	November 3, 2024	10:00 AM-2:00 PM	Club Members	July 15 Martyrs' Bridge	Health Campus	SPORTING ACTIVITY	SPORTS
31	Technology and Innovation Club	Tech's Tech24	November 4, 2024	4:00 PM	Club Members	Kuleli Hall	Main Campus	SOCIAL - CULTURAL ACTIVITY	INTRODUCTORY MEETING
32	Young Communications Club	A Journey with the Agency Together	November 4, 2024	2:00 PM	Club Members	Alagehir (Communication Partner)	South Campus	TRIP	TECHNICAL TOUR
33	Industry and Leadership Club	Unleash Training	November 5, 2024	4:00 PM - 5:00 PM	Didem Baran (Dea Consulting)	Kuleli Hall	Main Campus	SCIENTIFIC ACTIVITY	EDUCATION
34	Aviation and Entrepreneurship Club	Journey to the Sky with Turkish Airlines	November 6, 2024	2:00 PM	Mustafa Maçhitoglu (THY Marketing Vice President)	Kuleli Hall	Main Campus	SCIENTIFIC ACTIVITY	TALK
35	Developer Student Club	Artificial Intelligence Training	November 6, 2024	7:00 PM	Kartal Dertin (Dinapro Tech.), Hilal Kızılkaya (Dinapro Tech.)	ZOOM	Central Campus	SCIENTIFIC ACTIVITY	EDUCATION
36	Young Communications Club	Let's Start Together: Introductory Meeting	November 6, 2024	5:00 PM	Club Members	D Block / 2nd Floor - Room 202	South Campus	SOCIAL - CULTURAL ACTIVITY	INTRODUCTORY MEETING
37	The First Touch of Miracle Club	The Art of a New Life: Discovering Mindfulness	November 7, 2024	8:00 PM	Research Assistant Ebru Sanoğlu / Club Members	ZOOM	Health Campus	SCIENTIFIC ACTIVITY	SEMINAR
38	Scientific Research Club (ÜSKÜB&T)	Clinical Experiences-2 Anesthesia and Resuscitation	November 7, 2024	5:30 PM	Prof. Dr. Anıl Arboğan	NP Health Campus Galenos Conference Hall	Health Campus	SCIENTIFIC ACTIVITY	SEMINAR
39	Role-Playing Games Club	Bitangina - Getting to Know Each Other and Playing Games	November 7, 2024	4:00 PM	Club Members	South Campus E Block Soares Hall	South Campus	SOCIAL - CULTURAL ACTIVITY	INTRODUCTORY MEETING
40	Journalism Club	The Past and Present of Journalism: Press Museum Tour	November 11, 2024	11:00	Club Members	Press Museum Fatih İstanbul	South Campus	TOUR	TECHNICAL TOUR
41	Üsküdar University History Club	Commemorating the 56th Anniversary of Atatürk's Pivotal Role	November 11, 2024	08:30	Club Members	E Block Garden	South Campus	SOCIAL - CULTURAL ACTIVITY	OTHER
42	Speech and Language Therapy Club	The Importance of Individual Differences in Speech and Language Therapy	November 12, 2024	11:00	Hande Çakışkan / Club Members	NP Health Campus / Council Hall	Health Campus	SCIENTIFIC ACTIVITY	SEMINAR
43	Young Earth Doctors Club	We Are Looking for Volunteers!	November 12, 2024	4:00 PM	Club Members	NP Health / Center / Market / South Campuses	All Campuses	SOCIAL - CULTURAL ACTIVITIES	Promotional Booth
44	Social Services Club	Peer Education and NGO Social Work Expertise	November 14, 2024	1:30 PM-3:00 PM	Red Crescent Club	Emir Nesi Conference Hall / (November 15 November), Yığıl Hall (November 14)	Market Campus	SCIENTIFIC ACTIVITY	EDUCATION
45	Scientific Research Club (ÜSKÜB&T)	Clinical Experiences - 3 - Radiology	November 14, 2024	5:30 PM	Dr. Zeyal TAHAOĞLU	NP Health Campus Galenos Conference Hall	Health Campus	SCIENTIFIC ACTIVITY	SEMINAR
46	History, Art, and Literature Club	Poetry Hour	November 14, 2024	3:00 PM-4:00 PM	Club Members	NP Health Campus, 5th Floor, Room 508	Health Campus	SOCIAL - CULTURAL ACTIVITY	LITERATURE WORKSHOP
47	Dance Club	Dance Lessons	November 15, 2024	5:00 PM-6:00 PM	Nuru Yaman, Zeynep San, Eylül Kahner, Burak Yener, Bahar Tekin	Central Campus C Block	Main Campus	SOCIAL - CULTURAL ACTIVITY	WORKSHOP/WORKSHOP
48	Quality Club	Quality Awareness Training and What is Quality?	November 15, 2024	12:30:00	Club Members	ZOOM	Main Campus	AWARENESS - EDUCATION	
49	Chemical Engineering Society Club	EngneerX	November 15, 2024	11:00 AM-4:00 PM	Nevin KARAHAMZUT MERMER, Serenay Akay Özkemir, Ceren İsmen, Gökhan Erğ	Narman Tapanı Conference Hall	Central Campus	SCIENTIFIC ACTIVITY	INTERVIEW
50	Nursing Club	Diabetes Nursing	November 15, 2024	12:00 PM-1:00 PM	Nurse Ümmen SEVER	NP Health Campus Galenos Conference Hall	Health Campus	SCIENTIFIC ACTIVITY	TALK
51	Speech and Language Therapy Club	Case Analysis in Developmental Language Disorder	November 15, 2024	11:00	Assoc. Prof. Dr. Gayze Selgin Yılmaz (Fenerbahçe University)	NP Health Campus - 2nd Floor Council Room	Health Campus	SCIENTIFIC ACTIVITY	ANALYSIS
52	Young Medical Students Club	Visit to the Çarşakale Memorial with Medical Students	November 16, 2024	6:00	Club Participants	Çarşakale	Health Campus	TRIP	CULTURAL TOUR
53	First Touch of Miracle Club	We are going to the 3rd International Anatolian Midwives Association Congress in Ankara	November 20, 2024	-	Club Members	Ankara	Health Campus	TRIP	TECHNICAL TOUR
54	Medical Students' Association Club	Emotional Management Peer Education	November 20, 2024	5:30 PM	Doğanhan Tütükcü (Balıkesir University Faculty of Medicine 3rd-year student)	NP Health Campus El-Razi Conference Hall - 1st Floor	Health Campus	SCIENTIFIC ACTIVITY	EDUCATION
55	Dance Club	Dance Lessons	November 20, 2024	5:30 PM	Nuru Yaman (Instructor), Zeynep San (Instructor), Eylül Kahner (Instructor)	Dance Hall	Main Campus	SOCIAL - CULTURAL ACTIVITY	WORKSHOP/WORKSHOP
56	IEEE ÜÜ Student Branch Club	Board of Directors and Committee Meetings	November 21, 2024	5:00 PM	Club Members	Main Campus	Main Campus	SOCIAL - CULTURAL ACTIVITY	INTRODUCTORY MEETING



57	Dance Club	Dance Classes	November 25, 2024	5:00 PM-6:00 PM	Nuru Yaman, Zekerya San, Eylül Kaner, Burak Yener, Bahar Tekin	Central Campus C Block	Main Campus	SOCIAL - CULTURAL ACTIVITY	WORKSHOP/WORKSHOP
58	Positive Psychology Club	Get-Together Tea	November 25, 2024	2:30 PM-4:00 PM	Club Members	Socrates Hall	South Campus	SOCIAL - CULTURAL ACTIVITY	INTRODUCTORY MEETING
59	Young Medical Students Club	Building a Healthcare Professional Identity in the Light of the Proppella Method	November 25, 2024	5:00 PM	Muhammed Emin Yildirim	NP Health Campus İbn-i Sina Auditorium	Health Campus	SOCIAL - CULTURAL ACTIVITY	SEMINAR
60	Medical Students Association Club	Broken Dreams: Child Broods	November 25, 2024	8:00 PM	Clinical Psychologist Kamuran Ero Dağ - UCM	ZOOM	Health Campus	SOCIAL - CULTURAL ACTIVITY	SEMINAR
61	Speech and Language Therapy Club	On not My child's!ent' baki'ng' Language Disorder	November 26, 2024	11:00	Dr. Arzu Akyüz Toğram (HİDDO AAT - Early Therapy Counseling and Research Center	NP Health Campus - 2nd Floor Council Room	Health Campus	SCIENTIFIC ACTIVITY	EDUCATION
62	Positive Psychology Club	The Use of Metaphors in Positive Psychology	November 27, 2024	1:30 PM-3:00 PM	Dr. Melem Nerler, Assistant Professor	Eftun Adam Building E Block - 2nd Floor	South Campus	SCIENTIFIC ACTIVITY	TALK
63	Medical Students Association Club	Antimicrobial Resistance	November 27, 2024	8:00 PM	Faculty / Prof. Dr. Birtül Kaçmaz - Kırıkkale University Medical School	ZOOM	Health Campus	SCIENTIFIC ACTIVITY	EDUCATION
64	Developer Student Club	Cooking of the Future: Etatism Study Experiences	November 28, 2024	4:00 PM	Burak Yayıp, Mert Can Dağcıoğlu, Şevval Aslan, Serp Gözener	Nermin Tamam Conference Hall	Main Campus	SCIENTIFIC ACTIVITY	Panel
65	Üsküdar University History Club	The Secret of Ottoman Tomatoes	November 28, 2024	12:00	Fatih Çavuş	South E Block Socrates Hall	South Campus	SOCIAL - CULTURAL ACTIVITY	CONFERENCE
66	Journalism Club	Ankara Cultural and Historical Tour Program	November 28, 2024	11:30 PM	Mario Pia Ester Cristaldi, Club Members	Ankara	Central Campus	TRIP	TECHNICAL TOUR
67	Technology and Innovation Club	Docker Workshop	November 29, 2024	8:00 PM	Uğurcan ARAK	ZOOM	Main Campus	SCIENTIFIC ACTIVITY	WORKSHOP/WORKSHOP
68	Come Hold My Hand Club	Modern Istanbul Exhibition Tour	November 29, 2024	3:00 PM	Club Members	Istanbul Modern Art Museum / Beyoğlu - İstanbul	Main Campus	TOUR	CULTURAL TOUR
69	Medical Students' Association Club	Memories of Germany	November 29, 2024	8:00 PM	Dr. Ayhan Özgüven, Assistant Professor	ZOOM	Health Campus	SOCIAL - CULTURAL ACTIVITY	TALK
70	İEEE (Ü) Student Branch Club	Effective CV Preparation	November 30, 2024	7:30 PM-9:30 PM	Dr. Mehmet Serkan Batai	ZOOM	Central Campus	SOCIAL - CULTURAL ACTIVITIES	EDUCATION
71	Dance Club	Dance Lessons	December 2, 2024	5:00 PM-6:00 PM	Nuru Yaman, Zekerya San, Eylül Kaner, Burak Yener, Bahar Tekin	Central Campus C Block	Main Campus	SOCIAL - CULTURAL ACTIVITY	WORKSHOP/WORKSHOP
72	Üsküdar University History Club (Eurasia Club)	Comparing Imperial Visions: Islamic Ottoman and Ottoman Constitutionalism	December 2, 2024	2:30	Dr. Hüsrev Kurt	South Campus Farabi Hall	South Campus	SCIENTIFIC ACTIVITY	CONFERENCE
73	Positive Psychology Club	Addiction	December 2, 2024	2:00 PM - 4:00 PM	Cumali Aydın	Socrates Hall	South Campus	ADDICTION	AWARENESS
74	Social Services Club	Social Work Expertise in the Field in the Context of Children's Rights Day	December 3, 2024	8:00 PM	Cansu Berk	ZOOM	Main Campus	SCIENTIFIC ACTIVITY	SEMINAR
75	Üsküdar Translation Club	Meet and Greet	December 3, 2024	4:30 PM	Club Members	TAL Coffee	Main Campus	SOCIAL - CULTURAL ACTIVITY	INTRODUCTORY MEETING
76	Medical Students' Association Club	Antibiotic Resistance	December 4, 2024	2:30 PM-6:00 PM	Üsküdar Mamara and Aisabadem Medical Faculty Students	Kadıköy / Tepe Nalutis	Health Campus	SCIENTIFIC ACTIVITY	AWARENESS
77	Industry and Leadership Club	Marketing	December 4, 2024	2:00 PM-6:00 PM	Emre Baş, Serra Sancar, Guroi Tuna	Aziz Sancar Conference Hall	Main Campus	ENTREPRENEURSHIP	CONFERENCE
78	Üsküdar University History Club	Russian Desecration During the Reign of Peter the Great	December 5, 2024	1:00 PM	Prof. Dr. İlyas Kemaloğlu	South Campus B-1 Amphitheater	South Campus	SCIENTIFIC ACTIVITY	CONFERENCE
79	Üsküdar University Teknofest Club	Techfest Club Meet and Greet Event	December 5, 2024	4:00 PM	Club Management	Kuleli Hall	Main Campus	SOCIAL - CULTURAL ACTIVITY	INTRODUCTORY MEETING
80	Eraemus Community Club (Erasmus Club)	Karaoke Party	December 5, 2024	3:00 PM-6:30 PM		Ayhan Songar Hall	Main Campus	SOCIAL - CULTURAL ACTIVITY	Entertainment
81	Nutrition and Dietetics Club	The Power of Probiotics: A Journey to Health	December 5, 2024	2:00 PM	Diştan Derişa Pisan	NP Health Campus ER-RAD Conference Hall - 1st Floor	Health Campus	SCIENTIFIC ACTIVITY	TALK
82	Intercultural Club	Sudan Coffee Break	December 6, 2024	3:00 PM		Building A, 4th Floor	Main Campus	SOCIAL - CULTURAL ACTIVITY	Cultural Dialogue
83	Horsing Club	Different Flavors, Different Cultures	December 6, 2024	12:00	Club Members	NP Health Campus, 1st Floor Social Area	Health Campus	SOCIAL - CULTURAL ACTIVITY	FESTIVAL
84	Health, Culture, and Sports Directorate Presidency	My Achievement	December 6, 2024	12:30 PM-14:30	Disability Unit - Youth Club	Emir Nebi 1	Market Campus	DISADVANTAGED GROUP	AWARENESS
85	Üsküdar University Rare Diseases Club (URDKARE)	Rare Lives Workshop	December 8, 2024	9:00 AM-6:00 PM	Club Management - Club Members	Aisabadem University Kerem Aydınlar Campus	Main Campus	SCIENTIFIC ACTIVITY	WORKSHOP
86	Floral Club	Floralwork	December 9, 2024	12:00	Club Management	Bağdad Street	Central Campus	SOCIAL - CULTURAL ACTIVITY	Photography
87	Üsküdar University History Club	Emir Timur and His Place in History	December 9, 2024	3:00 PM	Prof. Dr. Hayrunissa Alan	South Campus B Block Farabi Hall	South Campus	SCIENTIFIC ACTIVITY	CONFERENCE
88	Positive Psychology Club	Social Media Addiction, Gambling Addiction	December 9, 2024	2:00 PM-4:00 PM	İpek Erol, Yaren KARACA	Socrates Hall	South Campus	ADDICTION	AWARENESS
89	First Touch of Miracle Club	Water Bath	December 9, 2024	2:00 PM	Midwife Burçak Erkanan	NP Health Campus İbn-i Sina Auditorium	Health Campus	SCIENTIFIC ACTIVITY	TALK
90	Red Cross Club	Be Blood, Be Life	December 9, 2024	9:00 AM-6:00 PM	Red Cross Club Management, Red Cross Club Volunteers, Red Cross Blood Team	NP Health-Center-South-Market Campus	AJ Locations	SOCIAL RESPONSIBILITY	BLOOD DONATION
91	Dance Club	Dance Lessons	December 9, 2024	5:00 PM-6:00 PM	Nuru Yaman, Zekerya San, Eylül Kaner, Burak Yener, Bahar Tekin	Central Campus C Block	Main Campus	SOCIAL - CULTURAL ACTIVITY	WORKSHOP/WORKSHOP
92	Child Development Club	December 3 Disability Awareness Week	December 9, 2024	2:30 PM - 3:45 PM	Ayfer Kızılkaya, Duygu ÇOLAK (Inclusion Student Guardian)	Beylerbeyi Hall	Market Campus	DISADVANTAGED GROUP	SEMINAR
93	Scenario-Based ISG Applications Club	Introductory Meeting	December 10, 2024	4:00 PM-5:00 PM	Club Members	Yuşa Hall	Market Complex	SOCIAL - CULTURAL ACTIVITY	INTRODUCTORY MEETING
94	Young Communicators Club	Marketing and Media Meeting	December 10, 2024	2:00 PM	Vildan Yıldırım, Gizem Yiyançoğlu, Tolga Gündüz, Ali Şanmıracı	Socrates Hall	South Campus	SOCIAL - CULTURAL ACTIVITY	TALK
95	International Diplomacy Club	Combating Terrorism within the Legal Framework: Turkey's Strategy "madda-30" on "non-conventional" Terrorism	December 10, 2024	4:00 PM	Prof. Dr. Deniz Uke Kayrak, Assoc. Prof. Dr. İbrahim Arslan, Retired Colonel Onal Akbay	Kuleli Hall	Central Campus	SCIENTIFIC ACTIVITY	SEMINAR
96	Conscience of the Age Club	Every Wednesday, Readings on Light, Eve in History, New Approaches to Domestic Violence and Solutions Experienced in the Field of Civil Turkey and Their Solutions	December 10, 2024	9:30 PM	Çerezci, Ahmet Oskun, M.A. Yazıcı, Nevzat	Tuesday: 8-1-13, Wednesday and Friday: Rınap Hall	South Campus	SOCIAL - CULTURAL ACTIVITY	EDUCATION
97	Scenario-Based ISG Applications Club	Introduction to Emergency Situations and Solutions Experienced in the Field of Civil Turkey and Their Solutions	December 11, 2024	10:00	Prof. Dr. NERZEH TAYHAN, Prof. Dr. Alişu ERKİK, Dr. Assistant Professor Rıgüç Upan, Bahri Yetimker	NP Health Campus İbn Sina Auditorium	Health Campus	SCIENTIFIC ACTIVITY	SYMPOSIUM
98	Scientific Research Club (ÜSKÜBA-T)	Clinical Experiences 3: Interpretation of Blood Parameters and Findings	December 11, 2024	5:30 PM	Prof. Dr. M. Salt Keleş	NP Health Campus Galenos Conference Hall	Health Campus	SCIENTIFIC ACTIVITY	SEMINAR
99	Industry and Leadership Club	Journey from Quality to Innovation	December 11, 2024	8:00 AM-5:00 PM	Assoc. Prof. Dr. Muhammed Emis Buak	EYAP İzmit Production Plant	Main Campus	TOUR	TECHNICAL TOUR
100	Developer Student Club	AeroCoo	12/11/2024	1:00	(Istanbul Airport), İsmihan Bayşal Anderson	Kuleli Hall	Main Campus	SCIENTIFIC ACTIVITY	CONFERENCE
101	Üsküdar University Teknofest Club	Take Off Startup Summit	December 11, 2024	10:00 AM-5:00 PM	Club Members	Istanbul Exhibition Center	Main Campus	TOUR	TECHNICAL TOUR
102	Physical Therapy Club	Psychology of Patient Approach and Communication	December 11, 2024	11:00 AM-4:00	Dr. Cansın Ozyüç, Psychologist, Dr. Ezra Ergun Keleş, Assistant Professor	Beylerbeyi Hall	Market Campus	SOCIAL - CULTURAL ACTIVITY	SEMINAR
103	Young Medical Students Club	A Story of Representation	December 11, 2024	5:30 PM	Prof. Dr. Fatma Betül Bağtık	NP Health Campus Galenos Conference Hall	Health Campus	SOCIAL - CULTURAL ACTIVITY	TALK
104	Scenario-Based ISG Applications Club	Alumni Meeting	December 12, 2024	4:00 PM	Bilge Günel	Yuşa Hall	Market Campus	SOCIAL - CULTURAL ACTIVITY	TALK
105	Anesthesia Club	Anesthesia Technicians Day	December 12, 2024	3:00 PM-5:00 PM	Lecturer Ahmet Emre Azkırı, Volkan Yama, Egehan Döner, Yasın Burak Özer	Emir Nebi 1 Campus	Çarşı Campus	SOCIAL - CULTURAL ACTIVITY	TALK
106	Scenario-Based ISG Applications Club	İCA Yayıcı Sultan Selim Bridge Operation	December 12, 2024	09:00	Oğuz Şener	Gaioççe, Sanyer	Central Campus	EXCURSION	TECHNICAL TOUR
107	Red Crescent Club	Foamy Workshops 4: Candle Printing Workshop	December 12, 2024	4:30 PM	Club Members	Market Campus, 2nd Floor, Room 216	Health Campus	SOCIAL - CULTURAL ACTIVITY	WORKSHOP/WORKSHOP
108	Molecular Biology and Genetics Club	Navigating Scientific Articles: Reading, Scanning, and Writing	December 13, 2024	2:00 PM	Research Assistant İrem Güften Albayrak	Kuleli Hall	Main Campus	SCIENTIFIC ACTIVITY	ANALYSIS
109	Child Development Club	39th National Child Development Student Congress	December 13, 2024	8:30 AM-5:00 PM	Prof. Dr. Nurper Dökler	Health Sciences University/MEB/3rd Medical School Magnificent Building	Main Campus	SCIENTIFIC ACTIVITY	CONFERENCE
110	Young Earth Doctors Club	Touch the Earth	December 13, 2024	9:00 AM-2:00 PM	Club Members	Sabah Taşkın Elementary School / Kartal	Health Campus	SOCIAL RESPONSIBILITY	ENTERTAINMENT
111	Intercultural Club	Kazakistan Coffee Break	December 13, 2024	3:00 PM	Club Members	Central Building 4/4th Floor/Lobby Area	Main Campus	SOCIAL - CULTURAL ACTIVITY	Cultural Dialogue
112	Human Values and Ethics Club	Motivation Event on Ice Island	December 14, 2024	1:00 PM	Club Members	Zeytinözü Ice Island	Main Campus	TRIP	Cultural Tour
113	Wikipedia Student Club	Wiki Youth Workshop	December 14, 2024	10:00 AM-4:00 PM	Wiki Mediji Student Club, Wiki Üstü Student Club	Digital Information Association, HasanPaşa Mah. Kurtuluşçidere St. No. 49	Central Campus	SCIENTIFIC ACTIVITY	WORKSHOP
114	Medical Technology Club	Innovative Neuroscience: TMS-2 Brain Networks and Neuroinformatics	December 14, 2024	7:30 PM	Prof. Dr. Kayhan Eryöres	ZOOM	Health Campus	SCIENTIFIC ACTIVITY	TALK
115	Young Communicators Club	New Generation Public Relations and Media Strategies	December 15, 2024	3:00 PM	Ayşın Şirin	İbn Sina Hall	South Campus	SCIENTIFIC ACTIVITY	SEMINAR
116	First Touch of Miracle Club	Mitofly Strategies in Breastfeeding Physiology and Factors Affecting Breast Milk Production	December 15, 2024	12:00	Midwife Pinar Mah	NP Health Campus Ground Floor Multi-Purpose Hall Purpose Room	Health Campus	SCIENTIFIC ACTIVITY	TALK



147	STEM Projects Club	Peer Education on Safe Spaces	December 24, 2024	4:00 PM-6:00 PM	Dalya Çiğdem	Building A, Room 333	Central Campus	SOCIAL - CULTURAL ACTIVITY	EDUCATION
148	Medical Students' Association Club	Time Management: Exam Stress	December 24, 2024	8:00 PM	Clinical Psychologist Merve Sena Bal	ZOOM	Health Campus	SOCIAL - CULTURAL ACTIVITY	SEMINAR
149	Conscience of the Age Club	Highly interactive readings on the universe and Every Wednesday: Readings on Nur, Eve	December 24, 2024	9:30 PM	Çerezci, Ahmet Ozkirim, M.A. Yazici, Nevzat	Tuesday: 8-1-13, Wednesday and Friday: Rımap Hall	South Campus	SOCIAL - CULTURAL ACTIVITY	EDUCATION
150	Journalism Club	ly Friday: New Approaches to Essays	December 25, 2024	3:00 PM	Can Eruna	Duha Bekler Conference Hall	South Campus	SCIENTIFIC ACTIVITY	TALK
151	Üsküdar Translation Club (ÜSKÜDAR)	Subtitle Translation Workshop with UÇTEV 'GRINCH' Film Analysis	December 25, 2024	2:00 PM	Moderator: Research Assistant Paşa Bayramoğlu, Club members	Aziz Sancar Conference Hall	Main Campus	SOCIAL - CULTURAL ACTIVITY	FILM SCREENING
152	Scientific Research Club (SKKDBAT)	Clinical Experiences-4 Interesting Cases in Prosthodontic Dental Treatment	December 25, 2024	5:45 PM	Dr. Ahmet Kula, Assistant Professor	Galenos Conference Hall	Health Campus	SCIENTIFIC ACTIVITY	SEMINAR
153	Youth Club	Youth Policy Document Vision Workshop	December 25, 2024	9:00	Club Members	Istanbul Ataköy Provincial Directorate of Youth and Sports Directorate Facilities	Health Campus	SOCIAL - CULTURAL ACTIVITY	WORKSHOP
154	Chemical Engineering Society Club	Chemical Engineering Society Club	December 25, 2024	5:00 PM	Club Members	Mirror Cafe	Main Campus	SOCIAL - CULTURAL ACTIVITY	GET-TOGETHER MEETING
155	Molecular Biology and Genetics Club	MBC Academy	December 25, 2024	2:00 PM	Prof. Dr. Tayfun Utbay, Assoc. Prof. Dr. Pinar Öz	Külleli Hall	Main Campus	SCIENTIFIC ACTIVITY	SEMINAR
156	Scientific Research Club (SKKDBAT)	Article Event	December 26, 2024	5:30 PM	İpek Yüksel	Galenos Conference Hall	Health Campus	SCIENTIFIC ACTIVITY	ANALYSIS
157	Young Earth Doctors Club	We're Going to the Children Who Will Be Well	December 26, 2024	1:00 PM-3:00 PM	Club Members	Ümraniye Training and Research Hospital	Health Campus	SOCIAL RESPONSIBILITY	VOLUNTEERING
158	Perfusion Club	Movie Screening Event	December 26, 2024	5:30 PM	Prof. Dr. Ali KOCALIK	Health Campus Room 612	Health Campus	SOCIAL - CULTURAL ACTIVITY	MOVIE SCREENING
159	Technology and Innovation Club	Alumni Talks: Business Analysis	December 26, 2024	8:00 PM	Ayşegül Karakulak	ZOOM	Main Campus	SOCIAL - CULTURAL ACTIVITY	TALK
160	Psychology Club	Movie Screening Event	December 26, 2024	3:00 PM-6:00 PM	Club Members	Eftalun Adam Hall	South Campus	SOCIAL - CULTURAL ACTIVITY	MOVIE SCREENING
161	STEM Projects Club	A Free Software: GNU / LINUX	December 26, 2024	11:00 AM-12:30	Onur İhsan	Central Campus A Blok Külleli Hall	Main Campus	SCIENTIFIC ACTIVITY	SEMINAR
162	I Grow Up, I Became a Child Club	Partibar	December 26, 2024	4:00 PM	Club Members	Çakmakçı Forest Park	Central Campus	SPORTING ACTIVITY	SPORTS
163	Medical Students' Association Club	Dialogues in the Dark	December 27, 2024	3:00 PM	Club Members and the Disabled Students Unit	Istanbul Dialogue Museum	Health Campus	DISADVANTAGED GROUP	AWARENESS
164	Come Hold My Hand Club	Bajrang Dhanjani Film Analysis	December 27, 2024	3:30 PM-5:00 PM	Club Members	South Campus Soorates Hall	South Campus	SOCIAL - CULTURAL ACTIVITY	MOVIE SCREENING
165	Intercultural Club	Turkish Coffee Break	December 27, 2024	12:00		4th Floor	Main Campus	SOCIAL - CULTURAL ACTIVITY	Cultural Dialogue
166	Technology and Innovation Club	Data Science and Artificial Intelligence Career Beginning	December 28, 2024	8:00 PM	Serdar Taftalı	ZOOM	Main Campus	SCIENTIFIC ACTIVITY	EDUCATION
167	Young Earth Doctors Club	Disaster Awareness Training	December 28, 2024	10:00 AM-12:00	Club Members	Kadıköy Disaster Education Park	Health Campus	SCIENTIFIC ACTIVITY	EDUCATION
168	Child Development Club	Specific Learning Difficulty	December 28, 2024	1:00 PM-4:00 PM	Halice Güler Ağır, Lütfiye Karafat	Emir Nefi	Market Settlement	SCIENTIFIC ACTIVITY	SEMINAR
169	Chemical Engineering Society Club	The Art of Coffee	December 28, 2024	2:00 PM	Club Members	Kadıköy Workshop Studio	Main Campus	SOCIAL - CULTURAL ACTIVITY	WORKSHOP/STELIER
170	Dental Students' Association Club	New Year-Themed Candy Workshop	December 28, 2024	11:00	Club Members	Üsküdar Art Workshop	Health Campus	SOCIAL - CULTURAL ACTIVITY	WORKSHOP/STUDIO
171	Üsküdar University Health Club	Neuropsychological Assessment Patient Profiles	December 30, 2024	2:00 PM	Assistant Professor Sena Kıpçak	Külleli Hall	Main Campus	SCIENTIFIC ACTIVITY	SEMINAR
172	Youth Club	Campus Cinema	December 30, 2024	5:30 PM	Club Members	Market Settlement Emir Nefi 1 Conference Hall	Health Campus	SOCIAL - CULTURAL ACTIVITY	MOVIE SCREENING
173	Dance Club	Dance Lessons	December 30, 2024	5:00 PM-6:00 PM	Nursu Yaman, Zehrinça Sarı, Eylül Kahler, Burak Yener, Bahar Tekin	Central Campus C Blok	Main Campus	SOCIAL - CULTURAL ACTIVITY	EDUCATION
174	Scientific Research Club (SKKDBAT)	The Neurobiology of Love	December 30, 2024	5:30 PM	Assistant Professor Mehmet Oktar Güoğlu	Galenos Conference Hall	Health Campus	SCIENTIFIC ACTIVITY	TALK
175	Conscience of the Age Club	Highly interactive readings on the universe and Every Wednesday: Readings on Light, Eve	December 31, 2024	9:30 PM	Çerezci, Ahmet Ozkirim, M.A. Yazici, Nevzat	Tuesday: 8-1-13, Wednesday and Friday: Rımap Hall	South Campus	SOCIAL - CULTURAL ACTIVITY	EDUCATION

Üsküdar University aims to increase scientific productivity and social contribution through research projects developed under the leadership of our academic staff and undergraduate students. In this context, projects funded by nationally recognized research support organizations such as TÜBİTAK and TÜSEB strengthen our university's research capacity and offer our students the opportunity to experience research culture.

TÜBİTAK and TÜSEB projects led by our academic staff aim to generate knowledge and provide social benefits across a wide range of fields, from health sciences to engineering. Furthermore, thanks to TÜBİTAK 2209-A/B projects led by our undergraduate students, young researchers gain early scientific research experience by playing an active role in project development, data collection, and reporting processes.

Below are the proofs of our TÜBİTAK and TÜSEB-supported projects:

List of TÜBİTAK 2209A/B Student Project Applications and Results:



Unit	Student Name.	Student Faculty	Student's Department	Project Category	Project Title
Department of Chemical Engineering (English)	Seval YILMAZ, Yusuf Can KOPAL	Faculty of Engineering and Natural Sciences Faculty	Chemical Engineering	2209-A	Ink Production from Waste Oils
Department of Chemical Engineering (English)	Aşlı USTA	Faculty of Engineering and Natural Sciences Faculty	Chemical Engineering	2209-A	Analysis of Nail Polish of Different Colors from Different Brands Using Different Devices and Methods from a Forensic Science Perspective Evaluation
Department of Chemical Engineering (English)	Emine Beste DÜNDAR, Mehmet Eren SERTKAYA	Faculty of Engineering and Natural Sciences Faculty	Chemical Engineering	2209-A	Comparison of Activated Carbons Produced from Different Types of Hazelnut Shells Obtained from the Provinces of Ordu and Giresun
Department of Industrial Engineering (English)	Zehra Betül Çetinkaya	Faculty of Engineering and Natural Sciences Faculty of Engineering and Natural Sciences	Industrial Engineering	2209-A	The best universities in the US, Europe, and Turkey Sustainability Performance Comparison and Strategic Development for Turkey
Molecular Biology and Genetics (English) Department Chair	Seval BAŞARAN	Faculty of Engineering and Natural Sciences Faculty	molecular biology and genetics	2209-A	Investigation of the Effects of Cucurbitaceae Family Plant Seed Extract on Alzheimer's Disease
Department of Molecular Biology and Genetics (Turkish)	DOĞUKAN AYDIN	Faculty of Engineering and Natural Sciences Faculty	Molecular Biology and Genetics (English)	2209-A	Investigation of the ANK3 rs10994336 polymorphism in schizophrenia patients in Schizophrenia Patients
Department of Molecular Biology and Genetics (Turkish)	AHMET SAİD DAGASAN	Faculty of Medicine	Faculty of Medicine	2209-A	Examination of OPRM1 rs1799971 in patients undergoing addiction treatment
Department of Molecular Biology and Genetics (Turkish)	SÜMEYYE NUR DEMİREL	Faculty of Medicine	Faculty of Medicine	2209-A	Investigation of HTR2C rs3813929 in children diagnosed with autism
Department of Molecular Biology and Genetics (Turkish)	Hakan Çelen	Faculty of Engineering and Natural Sciences Faculty	Molecular and Biological Genetics	2209-B	Evaluation of the Therapeutic Potential of XNA/DNA Antisense Oligonucleotides Increasing SMN2 Gene Expression and Characterization Analysis of In-Vitro Efficacy and Quality Control.
Department of Molecular Biology and Genetics (Turkish)	Defne Saadet Karacaoğlu	Faculty of Engineering and Natural Sciences Faculty	Molecular and Biological Genetics	2209-B	Recombinant B Domain for Hemophilus A Disease Development of Deleted rFVII-Synthesizing HEK293T Cells and Evaluation of In-Vitro Efficacy and Quality Control Characterization Analyses.

Unit	Student Name.	Student Faculty	Student's Department	Project Category	Project Title
Department of Molecular Biology and Genetics (Turkish)	EKİN YAŞAR	Faculty of Engineering and Natural Sciences Faculty	Molecular Biology and Genetics	2209-A	CRISPR Prime Editing Method for Retinitis Pigmentosa Patients with PZ3H Mutation Ex Vivo Development of Lentivirus-Based Genetic Therapy Methods Ex Vivo Development.
Department of Chemical Engineering (English)	Seval Yılmaz	Faculty of Engineering and Natural Sciences Faculty	Chemical Engineering (English)	2209-A	Preparation of Curcumin Nanoparticle-Reinforced Pectin/Sodium Alginate Preparation of Biopolymer Composite Films and Food Packaging Applications?
Department of Chemical Engineering (English)	Aleyna Nur Polat	Engineering and Natural Sciences Faculty of Science	Chemical Engineering	2209-B	Synthesis and characterization of a potential anticancer Quin molecule
Nursing	Helin GEZER	Faculty of Health Sciences	Nursing	2209-A	NURSING STUDENTS' ATTITUDES TOWARD ARTIFICIAL INTELLIGENCE TECHNOLOGY AND THEIR PERCEPTIONS OF ITS IMPACT ON THE NURSING PROFESSION
Biomedical Device Technology Program	Emirhan Meriç	Health Vocational School	Biomedical Device Technology	2209-A	Control Unit Design for EEG Electrode Connection
Nursing	MELİKE MEYLİN AYNACI	Faculty of Health Sciences	Nursing	2209-A	The Effect of Academic Procrastination Behavior in Nursing Students Time Management and Problem-Solving Skills
Department of Chemical Engineering (English)	Melis Ersoy and Rana Tosun	Faculty of Engineering and Natural Faculty of Science	Chemical Engineering	2209-A	Investigation of the sun protection effect of zinc oxide (ZnO) nanoparticles of different sizes with UVA/UVB parameter values
Midwifery Department Chair	Hilal Eyoğlu	Faculty of Health Sciences	Midwifery Department	2209-A	Evaluation of the Relationship Between Preferred Foods During Pregnancy and Fetal Sex Optometry Program
Optometry Program	Gülsüm PAŞALI	Health Vocational School	OPTOMETRY	2209-A	Quality Analysis of Original and Counterfeit Sunglass Lenses in Terms of UV Transmittance
Medical Promotion and Marketing Program	Duygu KURT-Giçem ETİŞGEN	Health Vocational School	Medical Promotion and Marketing	2209-A	Examining Anti-Littering Behavior in the Context of Social Marketing: An Integrated Series of Mediation Models
Department of Midwifery	Meral Mersin	Faculty of Health Sciences	Midwifery Department	2209-A	Examining the Effect of Pregnant Women's Climate Change Anxiety Levels on Their Anxiety Status, Environmental Attitudes, and Carbon Footprint Levels



Unit	Student Name-	Student Faculty	Student's Department	Project Category	Project Title
Occupational Health and Safety Department Chair	Burak Gülçipeği, Sıla İlgit Kılınç	Faculty of Engineering and Natural Faculty	Computer Engineering	2209-B	Design of Application Specific Integrated Circuit (ASIC) for Object Recognition Using Backpropagation Supported Artificial Neural Networks and Prototype Application and Optimization on FPGA
Department of Nursing	Zehra Yılmaz, Cemrenaz Özata, İrem Güvenç, Leila Benyaich	Faculty of Health Sciences	Nursing	2209-A	The Effect of Pediatric Nurses' Innovative Behaviors on Patient Care Quality
Department of Molecular Biology and Genetics (Turkish)	Berra İdağ	Faculty of Engineering and Natural Faculty	Molecular Biology and Genetics	2209-B	Chemical Synthesis of Semaglutide Biosimilar for Diabetes Treatment, In-vitro efficacy and quality control, characterization analyses, and Development
Department of Social Services Chair	Gökçe Demiröz, Zeynep Yaren Fazloğlu	Faculty of Health Sciences	Social Work	2209-A	Analysis of Generation Z Women's Views on Feminism, Feminist Identity, and the Women's Movement
Department of Social Work Chair	Zehra Çelikbaş, Melissa Kenan	Faculty of Health Sciences	Social Work	2209-A	Psychosocial Effects of Secondary Trauma Experienced in Istanbul Following the February 6 Kahramanmaraş Earthquake: A Qualitative Study
Social Services Department Chair	Buket Fazloğlu	Faculty of Health Sciences	Social Work	2209-A	Examining the Relationship Between High School Students' Perceptions of Parental Attitudes and Their School Adjustment
Department of Forensic Sciences Chair	Gülten Tan	Faculty of Engineering and Natural Faculty	Forensic Sciences	2209-A	The Effects of Air Guns on Target Surfaces in Forensic Sciences Examination
Department of Forensic Sciences Chair	Emine Kokoz	Faculty of Engineering and Natural Faculty		2209-A	Investigation of the Effect of Water on Ballistic Characteristic Traces Found on Hunting Cartridges over Time
Medical and Aromatic Plants Program	Mine YASSA	Health Vocational School	Medical and Aromatic Plants Program	2209-A	Determination of Healthcare Workers' Knowledge Level and Attitudes Regarding Aromatherapy Attitudes
Software Engineering	Reyhan Çetinbaş, Merve Benli, Rahime Zeynep İyicioğlu	Faculty of Engineering and Natural Sciences Faculty	Chemical Engineering	2209-A	Evaluation of the Ergonomic Effects of 3D Printed Products and Laboratory Compatibility
Department of Forensic Sciences Chair	Sümeyye Adsan	Faculty of Engineering and Natural Faculty	Forensic Sciences	2209-A	Investigation of the Effect of Water Deformation on Forensic Ballistic Traces on Hives over Time
Directorate of the Institute of Addiction and Forensic Sciences	Meriç Yeşiltepe	Faculty of Engineering and Natural Sciences Faculty	Forensic Sciences	2209-A	Development of a Method for the Recovery of Ballistic Characteristic Traces on Blood-Exposed Cartridge Case Fragments

Unit	Student Name-	Student Faculty	Student's Department	Project Category	Project Title
Midwifery Department Chair	Yağmur Çakıcı	Faculty of Health Sciences	MIDWIFERY	2209-A	Perceived Pain Burden, Stress, and Social Support on Medication Misuse
Department of Chemical Engineering (English)	İrem Göktürk	Faculty of Engineering and Natural Sciences Faculty	Chemical Engineering	2209-A	In silico discovery and in vitro chemical validation of natural-source potential antihistamine molecules that inhibit the histamine H ₄ receptor
Nursing	DOĞA GÖZE GUNDÜZ	Faculty of Health Sciences	Nursing	2209-A	The Effect of HPV Education Provided to Faculty of Health Sciences Students on Their Knowledge Levels
Midwifery Department Chair	MELİSA GÜL	Faculty of Health Sciences	Midwifery Department	2209-A	THE EFFECT OF ARTIFICIAL INTELLIGENCE-SUPPORTED CHILDBIRTH PREPARATION EDUCATION ON PREGNANT WOMEN'S Birth Fear and Birth Method Preferences: An Experimental Study
Department of Midwifery	Neslihan KESLER	Faculty of Health Sciences	Midwifery	2209-A	Psychological Resilience in Women of Reproductive Age and Menstrual Symptoms
Department of Nursing	Zuhal Özcan	Faculty of Health Sciences	Nursing	2209-A	Evaluation of Dysmenorrhea and Its Effects in Nursing Students
Department of Nursing	TUĞBA KARAKURT	Faculty of Health Sciences	Nursing	2209-A	THE EFFECT OF LIGHT-UP YO-YO USAGE ON PAIN INTENSITY DURING BLOOD DRAWING PROCEDURES IN PRESCHOOL-AGED CHILDREN The Effect of Using a Lighted Yo-Yo
Department of Nursing	Beyza İkinci	Institute of Health Sciences	Department of Nursing	2209-A	Determining the Knowledge of Women in Menopause About Menopause, the Symptoms They Experience, and Their Methods of Coping with These Symptoms
Department of Nursing Chair	Meryem Karakoyun	Faculty of Health Sciences	Department of Nursing	2209-A	Examination of Nursing Students' Knowledge and Attitudes Regarding Sexually Transmitted Diseases and the Relationship Between Them
Nursing	Rabia Sürücü-Aygenur Duran	Faculty of Health Sciences	Nursing	2209-A	Determining the Knowledge Levels and Attitudes of Individuals Aged 18-39 Regarding Breast Milk Banking
Nursing	Gülcan Özyurt- Nezahat Demirel- Beyza Kirencioğlu	Faculty of Health Sciences	Nursing	2209-A	The Use of Traditional Methods During Pregnancy and Its Relationship with Health Literacy
Department of Molecular Biology and Genetics (Turkish)	Eren Baltacı	Faculty of Engineering and Natural Sciences Faculty	Molecular Biology and Genetics (English)	2209-A	Electricity-Induced PEDOT:PSS-Cellulose-Carbon Nanofiber Soil in Hydroponic Systems Cotton Cultivation



Unit	Course Name	Student Faculty	Student's Department	Project Category	Project Title
Department of Forensic Sciences Chair	Aleyna YILDIZ	Faculty of Engineering and Natural Sciences Faculty	Forensic Sciences (Turkish)	2209-A	Investigation of Forensic Identification Sources Damaged by Surface Cleaning Agents with Different Sodium Hypochlorite Percentages Using Spectroscopic and Hyperspectral Methods and Determination of Time-Dependent Change
Midwifery Department Chair	Zeynep Köksaldı	Faculty of Health Sciences	Midwifery	2209-A	Parents' Vaccine Hesitancy and Social Media Trust: An Investigation of the Relationship Between
Midwifery Department Chair	Merve Varlık	Faculty of Health Sciences	Midwifery	2209-A	Determining the Effect of Video-Based Training on Protecting Newborns from Noise on Parental Knowledge and Practices
First Aid and Emergency Care Program	Ayşe Kavak Acar	Health Vocational School	Operating Room Services	2209-A	Examining the Effect of Education on University Students' Knowledge Levels Regarding Sexual Health and Reproductive Health
Medical and Aromatic Plants Program	ENİS GÜLCAN	Health Vocational School	Food Technology	2209-B	Determination of the Phenolic Composition and Triterpene Content of Standard Extracts Prepared by Soxhlet Extraction from Lavandula stoechas L. (Karabağ Otu) Plants Growing in the Flora of Turkey Using HPLC
Department of Advertising	Umut Ayaş	Faculty of Communication	Public Relations and Promotion	2209-A	The Use of Generative Artificial Intelligence in Communication Education: A Study on Communication Academics in Turkey
Department of Molecular Biology and Genetics (English) Department Chair	Selin Tören (Principal Investigator), Fatma Betül Tüysüz	Faculty of Engineering and Natural Sciences Faculty	Molecular Biology and Genetics	2209-A	In silico analysis of SNPs located in the HDC gene associated with Tourette Syndrome in silico analysis
Laboratory Technology Program	Beyza Nur Akkaya (Principal Investigator), Ahmet Şahin, Sıla Taşır, Süde Naz Ayyıldız	Health Vocational School	Laboratory Technology (NO)	2209-A	Single nucleotide polymorphisms in the PM20D1 gene using bioinformatics tools
Optometry Program	Ayşe Gül ALBAYRAK SAYIM, Sudenur Medine KUTSAL, Bihter TAŞ	Health Vocational School	OPTOMETRY	2209-A	Investigation of Hygiene Habits Among Contact Lens Users
Department of Forensic Sciences Chair	Sümeyye Tuğba Yılmaz	Faculty of Engineering and Natural Sciences Faculty	Forensic Sciences	2209-A	Investigation of DNA Recovery from Dry-Cleaned Semen-Stained T-Shirts
Nursing	SÜLE NUR DİKEL	Faculty of Health Sciences	NURSING	2209-A	AN EXAMINATION OF THE DISASTER RESPONSE SELF-EFFICACY OF FINAL-YEAR NURSING STUDENTS
Midwifery Department Chair	Tuğba YILMAZ ESENCAN	Faculty of Health Sciences	Midwifery Department	2209-A	Creating a Positive Perception of the Birth Experience: The Effect of the Theater

Unit	Course Name	Student Faculty	Student's Department	Project Category	Project Title
Department of Physical Therapy and Rehabilitation	Ezgi Bozdoğan Sudenaz Tüyükoğlu Zeynep Göksu Çıtak	Faculty of Health Sciences	Physical Therapy and Rehabilitation	2209-A	The Relationship Between Smartphone Addiction and Posture and Physical Activity Levels in University Students
Department of Forensic Sciences Chair	BEYZA MERYEM AYDIN	Faculty of Engineering and Natural Sciences Faculty	Forensic Sciences	2209-A	Fear of Crime Among University Students in Istanbul
Department of Forensic Sciences Chair	Nigar Altınoğlu	Faculty of Engineering and Natural Sciences Faculty	Forensic Sciences	2209-A	Identification of DNA fingerprints in bioinformatics systems using artificial intelligence
Department of Forensic Sciences Chair	Eylül Aşçı	Faculty of Engineering and Natural Sciences Faculty	Forensic Sciences	2209-A	The Potential for Blaming Female Victims in the Criminal Justice System in Sweden Comparative Analysis in Finland, the United States, Turkey, the United Kingdom, Lebanon, and Egypt
Autopsy Assistant Program	Ayça Solhan	Faculty of Engineering and Natural Sciences Faculty	Forensic Sciences	2209-A	False Memory and Perjury: The Validity, Reliability and Decision-Making and Their Reflections on Criminal Justice and Scale Development
Medical Laboratory Technician Program	Naciye Nisa Ayaz	Faculty of Engineering and Natural Sciences Faculty	Biomedical Engineering	2209-A	Investigation of MPO (Myeloperoxidase) rs2333227 in Alzheimer's patients
Department of Speech and Language Therapy	Rabıya ÇALIŞCI, Melike Nur TAŞ	Faculty of Health Sciences	Speech and Language Therapy	2209-A	Speech-Language Pathologists' Opinions and Experiences Regarding Standardized and Formal Tests
Department of Child Development	Sümeyya YALÇIN	Faculty of Humanities and Social Sciences Faculty	Psychology (English)	2209-A	The Cross-Cultural Unifying Power of Fairy Tales: Emotional Regulation Skills in the Struggle Emotional Regulation Skills in the Fight Against Bullying
Midwifery Department Chair	Ülkü Dikici, Zehranur Çetin	Faculty of Health Sciences	Midwifery	2209-A	The Effect of Families' Poverty Status and Mothers' Perception of Poverty on Children's Growth and Development Aged 1-6 Children's Growth and Development
Department of Speech and Language Therapy	Melike Hatun ERTAN, Şura SEZEN	Faculty of Health Sciences	Speech and Language Therapy	2209-A	Stuttering and Career Choice: Experiences and Adaptation Processes of Individuals with Stuttering Working in Communication-Based Professions
Department of Speech and Language Therapy	Zeynep Nazlı ÜNSEL, Tuğrul GÜRBÜZ	Faculty of Health Sciences	Speech and Language Therapy	2209-A	Opinions, Experiences, and Recommendations of Speech-Language Therapists Regarding Therapy Processes Conducted with Bilingual/Multilingual Aphasic Individuals
Molecular Biology and Genetics (English) Department Chair	Melike Aksu	Faculty of Medicine	Medicine	2209-A	Investigation of ANK3 rs10994336 polymorphism in patients with bipolar disorder
Department of Molecular Biology and Genetics (English) Department Chair	Beyza Bezi	Faculty of Medicine	Medicine	2209-A	The investigation of the DRD2 rs1799732 polymorphism in schizophrenia patients in schizophrenia patients



Unit	Student Name	Student Faculty	Student's Department	Project Category	Project Title
Molecular Biology and Genetics (English) Department Chair	Bora Efe Gülçin	Faculty of Medicine	Medicine	2209-A	Investigation of the GRIK1 rs2832407 polymorphism in alcohol dependence in Alcohol Dependence
Food Technology Program	Zeynep Betül Bakırtaş	Health Vocational School	Faculty of Science	2209-B	Preparation of Extracts from Kudret Nari (Momordica charantia L.) Grown in the Mediterranean Region Using Traditional, Microwave, and Supercritical Extraction Methods, Alpha Amylase and Alpha-Glucosidase Enzyme Inhibition Activities
Department of Molecular Biology and Genetics (English) Department Chair	DUYGU ÇUKURBAĞLI	Faculty of Engineering and Natural Sciences Faculty	MBG (Eng)	2209-A	Circadian Genes CLOCK rs1801260 polymorphism in patients with obsessive-compulsive disorder (OCD)
Department of Molecular Biology and Genetics (English) Department Chair	ENDER ÜNVER	Faculty of Engineering and Natural Sciences Faculty	MBG (Eng)	2209-A	Investigation of the DRD3 rs6280 Polymorphism in OCD Patients
Department of Molecular Biology and Genetics (English) Department Chair	MUHAMMED TAHA ÇELİKAL	Faculty of Engineering and Natural Sciences Faculty	MBG (Eng)	2209-A	Examination of the HTR2A rs797012 polymorphism in bipolar patients in bipolar patients
Department of Molecular Biology and Genetics (English) Department Chair	AMINA FEYZA KASAP	Faculty of Engineering and Natural Sciences Faculty	MBG (Eng)	2209-A	Investigation of the PER2 rs3533999 polymorphism in circadian genes in patients with bipolar disorder
Department of Nursing	Emel Gezgin	Faculty of Health Sciences	Department of Nursing	2209-A	The Predictive Effect of Emotion Regulation Skills and Basic Psychological Needs on internet Gambling Addiction in University Students
Department of Nursing Chair	Hale Özcan	Faculty of Health Sciences	Department of Nursing	2209-A	Emotional Regulation Skills and Perceived Social Support in University Students Social Support on Online Shopping Addiction
Nursing	Ezgi Gül Utanç	Faculty of Health Sciences	Department of Nursing	2209-A	Assistance Behavior for Individuals with Traumatic Experiences Found The Effect of Search and Rescue Technicians' Perceptions of Disaster Preparedness on Secondary Trauma Levels and Psychological Resilience Examination of Their Predictive Effect

Unit	Student Name	Student Faculty	Student's Department	Project Category	Project Title
Food Technology Program	Ezgi Gül	Health Vocational School	Faculty of Science	2209-B	Synthesis, Characterization, and Investigation of the α -Glucosidase and α -Amylase Enzyme Inhibition Activity of a New 1,2,3,4-Tetrazone Synthesis, Characterization, and Investigation of α -Glucosidase and α -Amylase Enzyme Inhibition Activity
Department of Chemical Engineering (English)	Atakan Aydın	Faculty of Engineering and Natural Faculty	Chemical Engineering	2209-A	Investigation of the Effect of Detergents with Different LABSA and SLES Parameters on DNA Isolation from Bone Tissue
Occupational Therapy Department Chair	Sümeyye Erdem	Faculty of Health Sciences	Occupational Therapy	2209-A	The Effect of Sleep Quality on Cognitive Functions
Department of Speech and Language Therapy	Yasin Özen	Faculty of Health Sciences	Speech and Language Therapy	2209-A	NetSpeech
Occupational Therapy Department Chair	Eda Yanmaz	Faculty of Health Sciences	Occupational Therapy	2209-A	The Effect of Sensory Profile Differences Observed in Children on Parents' Emotional State and the Importance of an Enriched Environment
Nursing	Faruk DUNDAR	Faculty of Health Sciences	Nursing	2209-A	Attitudes and Knowledge of Surgical Nurses Towards Technology Knowledge
Department of Medical Biochemistry	İlayda Güvel	Faculty of Medicine	Faculty of Medicine (English)	2209-A	Determination of the Effect of Garcinic Acid on the Nrf-2 Signaling Pathway in Cholesterol-Mediated Lipid Accumulation in Hepatocytes
Department of Political Science and International Relations (English)	Feryal Saide Balaban	Faculty of Humanities and Social Sciences Faculty	Political Science and International Relations	2209-A	The Impact of Digital Diplomacy on Turkey's Public Diplomacy Institutions Chemical Engineering (English) Department Chair
Department of Chemical Engineering (English)	Zeynep Yöney	Faculty of Engineering and Natural Sciences Faculty	Molecular Biology and Genetics	2209-B	Enhancing the Anticancer Effects of Curcumin and Resveratrol Using Graphene Quantum Nanotechnological Approaches
Department of Forensic Sciences Presidency	Ayşe Özal	Faculty of Engineering and Natural Faculty	Forensic Sciences	2209-A	Examination of Gunshot Residue on Bones Obtained from Underwater Crime Scene Investigations
Midwifery Department Chair	Irem Erkal	Faculty of Health Sciences	Midwifery	2209-A	AN EXAMINATION OF THE RELATIONSHIP BETWEEN MIDWIVES' AND NURSES' PATIENT ADVOCACY AND SUBMISSIVE BEHAVIOR: A CROSS-SECTIONAL STUDY
Nursing	SENA YILDIRIM	Faculty of Health Sciences	Nursing	2209-A	Attitudes Toward Traditional and Complementary Medicine Among Inpatients in the Surgical Ward
Department of Chemical Engineering (English)	Hilal Öztopal, Derya Elif Ak	Faculty of Engineering and Natural Sciences Faculty	Department of Chemical Engineering (English)	2209-A	Nanobiotechnology and Green Synthesis: Silver Nanoparticle Production



Unit	Course Name	Student Faculty	Student's Department	Project Category	Project Title
Department of Forensic Sciences Chair	Reyyan Örgün	Faculty of Engineering and Natural Sciences Faculty	Forensic Sciences	2209-A	Evaluation of different composite materials as bulletproof materials in the field of forensic ballistics
Department of Forensic Sciences Chair	SİNEM TAŞKIRAN	Faculty of Engineering and Natural Sciences Faculty	Forensic Sciences	2209-A	Determining the Order of Creation of Handwriting and Signatures on Documents Using VSC8000
Department of Forensic Sciences Chair	Irem Sahin	Faculty of Engineering and Natural Sciences Faculty	Forensic Sciences	2209-A	Characterization of Pesticides for Forensic Purposes Using ATR-FTIR, Library Creation and Comparison
Nursing	Büşra Nur CEYLAN	Faculty of Health Sciences	Nursing	2209-A	DETERMINING THE EFFECT OF A GROUP-BASED ACTIVITY PROGRAM ON THE LEVELS OF LONELINESS AMONG ELDERLY INDIVIDUALS RESIDING IN NURSING HOMES
Medical Promotion and Marketing Program	Mina Su COŞKUN-Zeynep Sena AK	Health Vocational School	Medical Promotion and Marketing	2209-A	Sustainability and Socially Responsible Food Consumption: An Experimental Study Based on Self-Awareness and Self-Regulation Theories Research
Department of Chemical Engineering (English)	Zeynep Sarp	Faculty of Engineering and Natural Sciences Faculty	Chemical Engineering	2209-B	Development and optimization of in silico formulations to increase the efficacy of the nutraceutical Quin molecule.
Electrical and Electronic Department Faculty	Kerem Kaan Aslan	Faculty of Engineering and Natural Sciences Faculty	Electrical and Electronics Engineering	2209-A	Project on the Investigation of Environmental Impact Assessment of Electromagnetic Fields in Wind Power Plants
Department of Physical Therapy and Rehabilitation	Hümeysra Torun (Principal Investigator) Rana Gül Demir (Researcher) Aleyna Ulus (Researcher)	Faculty of Health Sciences	The Effects of Using Various Electronic Devices on the Musculoskeletal System in University Students	2209-A	The Effects of Using Various Electronic Devices on the Musculoskeletal System in University Students
Department of History	Merve Nur Othman	Faculty of Humanities and Social Sciences Faculty	History	2209-A	Mapping the Routes of English Travelers to the Ottoman Empire in the 16th Century
Optometry Program	Fatma YILDIZ AKÇIÇEK	Health Vocational School	OPTOMETRY	2209-A	The Effect of Blue Light Filters on Eye Health and Sleep Quality in Students at Üsküdar University SHMYO on Eye Health and Sleep Quality
Department of Physical Therapy and Rehabilitation	Sabriye Sağroğlu	Faculty of Health Sciences	Physical Therapy and Rehabilitation	2209-A	Investigation of musculoskeletal disorders observed in university cleaning workers
Department of Physical Therapy and Rehabilitation	Büşra Kesgin	Faculty of Health Sciences	Physical Therapy and Rehabilitation	2209-A	Musculoskeletal disorders observed in private security guards Disorders
Midwifery Department Chair	Senanur YILMAZ	Faculty of Health Sciences	Midwifery Department	2209-A	THE EFFECTS OF A MINDFULNESS-BASED PODCAST SERIES ON PRENATAL DISTRESS, ANXIETY, AND PSYCHOLOGICAL WELL-BEING DURING PREGNANCY: A SEMI-EXPERIMENTAL STUDY

Unit	Student Name	Student Faculty	Student's Department	Project Category	Project Title
Software Engineering	Project Team: Elif Yade Karakuş	Faculty of Engineering and Natural Sciences Faculty	Software Engineering English	2209-A	Production of Customizable Finger Prostheses Using 3D Printing Technology: Evaluation of Their Effects on Design and Functionality Evaluation
Electrical and Electronic Engineering (English) Department Chair	Oddi ALKAHLOUT	Faculty of Engineering and Natural Sciences Faculty	Electrical and Electronic Engineering	2209-A	Advanced Induction Heater
Food Technology Program	Suzan Gürhan Yıldız	Health Vocational School	Environmental Health	2209-A	Synthesis and Structural Elucidation of a New Maleimide Derivative Expected to Exhibit Anticancer Activity
Physical Therapy Program	Merve Bozbel (Principal Investigator), Neslihan Top (Researcher)	Health Vocational School	Electroneurophysiology	2209-A	Investigating the Relationships Between Educational Stress, Neurophysiological Perception, and Cognitive Behavioral Avoidance in University Students
Nutrition and Dietetics Department Chair	Bezanur Ören (Principal Investigator) Rüveyda Ceyda Közen Zeynep Albayrak İrem Göküseyinoğlu	Faculty of Health Sciences	Nutrition and Dietetics	2209-A	THE EFFECT OF DIFFERENT MUSIC GENRES ON CHEWING RATE, APPETITE, AND GLUCOSE RESPONSE
Department of Nutrition and Dietetics Department Chair	İlknur Bayraktar (Principal Investigator) Rumeysa Açıkgöz Simal Nida Başaran Yusuf Eren Yılmaz	Faculty of Health Sciences	Nutrition and Dietetics	2209-A	THE EFFECT OF ENRICHED GRISSINI ON THE GLUCOSE RESPONSE IN HEALTHY YOUNG ADULTS THE EFFECT OF GRISSINI ENRICHED WITH FIG FLOUR ON THE GLUCOSE RESPONSE
Department of Nutrition and Dietetics Department Chair	Ayşe Çakar (Principal Investigator) Ayşenur Karabiyik Saadet Tağluk Gökşen Emmurat	Faculty of Health Sciences	Nutrition and Dietetics	2209-A	The Effect of Lavender and Hot Pepper Oil Scents on Chewing Frequency, Appetite, and Glycemic Response



10	A Psychosocial Support Model for Active Aging	Rejected	Üsküdar University	Dr. Zeynep ÖZMEZ	Assoc. Prof. Dr. Deniz Öle, Asst. Prof. Dr. Gülşah Akdemir, Asst. Prof. Dr. Nermin Başkılı, Asst. Prof. Dr. Ayşe Özgenç	February 20, 2024	-	8 Months	Principal Investigator	Human and Society S. F.	Department of Psychology (PS)	T10B7AK	3000	150,000	Rejected	-
11	In-vitro Investigation of the Role of Neurotensin in the Inactivation from Non-Alcoholic Fatty Liver Disease to Hepatocellular Carcinoma by a High-Fat Diet in Rats	Accepted	Üsküdar University	Prof. Dr. Mehmet Emin Özer	Dr. Tuğba Şenel, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp	March 15, 2024	June 20, 2024	12 Months	Principal Investigator	Faculty of Medicine	Medicine	T10B7AK	100A	75,000	Still ongoing	-
12	Investigation of the Effects of PFD-201 and Transresveratrol on GSK3B Inhibition, Neuroinflammation, and Mitochondrial Dysfunction in a Rat Model of Alzheimer's Disease	Rejected	Üsküdar University	Prof. Dr. Bekir Aksoy	Doçent Yardımcısı	March 15, 2024	-	36 Months	Principal Investigator	Engineering and Natural Sciences F.	Department of Molecular Biology and Genetics (MG)	T10B7AK	100	1,000,000	Rejected	-
13	Antimicrobial Activity of Natural Compounds (SAS) Production and Characterization using recombinant DNA methods	Rejected	Üsküdar University	Prof. Dr. Tunç Çelik	Prof. Dr. Seray Başer, Asst. Prof. Dr. Seray Başer, Asst. Prof. Dr. Seray Başer, Asst. Prof. Dr. Seray Başer	March 15, 2024	-	36 Months	Principal Investigator	Engineering and Natural Sciences F.	Department of Molecular Biology and Genetics (MG)	T10B7AK	100	1,317,517	Rejected	-
14	Protein Gene Editing in DNA Treatment: A Multifaceted Approach	Rejected	Üsküdar University	Dr. Çiğdem Toprak	Assoc. Prof. Dr. Seray Başer, Asst. Prof. Dr. Seray Başer, Asst. Prof. Dr. Seray Başer, Asst. Prof. Dr. Seray Başer	March 15, 2024	-	36 Months	Project Manager	Engineering and Natural Sciences F.	Department of Molecular Biology and Genetics (MG)	T10B7AK	100	3,300,000	Rejected	-
15	Development of New Prevalent and Therapeutic Protocols Related to Inflammatory and Immune Regulatory Pathways for Autism Spectrum Disorder (ASD) and Multiple Sclerosis (MS) Using MSC Transplantation	Rejected	Üsküdar University	Prof. Dr. Mehmet Emin Özer	Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp	March 15, 2024	-	36 Months	Principal Investigator	Faculty of Medicine	Medicine	T10B7AK	100B70N	3,000,000	Rejected	-
16	Comparative Genomic Analysis of Treatment-Resistant Depression: Population and Pathway-based Profiling with Pharmacogenetics, Pharmacokinetics and Bioinformatics	Rejected	Üsküdar University	Assoc. Prof. Dr. Mehmet Emin Özer	Assoc. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp	March 15, 2024	-	36 Months	Project Manager	Engineering and Natural Sciences F.	Department of Molecular Biology and Genetics (MG)	T10B7AK	100	7,600,000	Rejected	-
17	THE USE OF CREATIVE DRAMA IN STRENGTHENING INCLUSIVE EDUCATION	Rejected	Üsküdar University	Prof. Dr. Nuray Özkan	Assoc. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp	March 4, 2024	-	18 Months	Consultant	Health Sciences Faculty	Child Development Department	T10B7AK	100	1,000,000	Rejected	-
18	The effects of beta-amyloid hydrogels (BAH) and polyethylene glycol on the brain in PDAPP transgenic mice, assessed in an amyloid model created with peripherally-induced and induced by cognitive stress	Rejected	Üsküdar University	Prof. Dr. Bekir Aksoy	Doçent Yardımcısı	March 15, 2024	-	36 Months	Principal Investigator	Engineering and Natural Sciences F.	Department of Molecular Biology and Genetics (MG)	T10B7AK	100	3,000,000	Rejected	-
19	Propagation of selected endotoxins and endotoxin-like compounds in vitro methods	Rejected	Üsküdar University	Assoc. Prof. Dr. Bekir Aksoy	Doçent Yardımcısı	March 15, 2024	-	36 Months	Researcher	Eng. and Natural Sciences F.	Department of Molecular Biology and Genetics (MG)	T10B7AK	100	1,340,000	Rejected	-
20	Investigation of the efficacy of Alpha-1-antitrypsin (AAT) gene-targeted nanoparticles in beta-amyloid disease	Accepted	Marmara University	Prof. Dr. Mehmet Emin Özer	Assoc. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp	January 16, 2024	July 16, 2024	36 Months	Advisor	Faculty of Medicine	Medicine	T10B7AK	100	1,046,700	Ongoing	-
21	Development of wireless, portable, off-board device and diagnostic kit for the detection of Alzheimer's biomarkers	Rejected	Boğaziçi University	Prof. Dr. Mehmet Emin Özer	Assoc. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp	March 30, 2024	-	24 Months	Researcher	School of Health Services Management	Biomedical Device Technology Program	T10B7AK	100	3,000,000	Rejected	-
22	The threat of air waste to environmental health: Environmental remediation and energy conversion using bioelectrocatalysis	Rejected	Üsküdar University	Prof. Dr. Tunç Çelik	Prof. Dr. Seray Başer, Asst. Prof. Dr. Seray Başer, Asst. Prof. Dr. Seray Başer, Asst. Prof. Dr. Seray Başer	March 15, 2024	-	24 Months	Principal Investigator	Engineering and Natural Sciences F.	Department of Molecular Biology and Genetics (MG)	T10B7AK	100	1,300,777	Rejected	-
23	CREATING A POSITIVE PERCEPTION OF THE BIRTH EXPERIENCE: THE EFFECT OF BIRTH TUTORIALS	Rejected	Üsküdar University	Dr. Tuğba Yıldırım	Assoc. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp	April 1, 2024	-	12 Months	Project Manager	Health Sciences Faculty	Midwifery Program	T10B7AK	100A	74,500	Rejected	-
24	Investigation of the Potential Neuroprotective Effect of BDNF in a Rat Model of Parkinson's Disease	Rejected	Üsküdar University	Prof. Dr. Bekir Aksoy	Doçent Yardımcısı	April 6, 2024	-	12 Months	Principal Investigator	Engineering and Natural Sciences F.	Department of Molecular Biology and Genetics (MG)	T10B7AK	100	2,000,000	Rejected	-
25	An Innovative Treatment Targeting Intra-Cytoplasmic Aggregates and Cytoskeletal Defects in the Treatment of Parkinson's Disease Using Biomimetic Nanoparticles and a CO2-Laser-Assisted Cell Transfection	Rejected	Üsküdar University	Prof. Dr. Bekir Aksoy	Doçent Yardımcısı	April 6, 2024	-	24 Months	Executive	Engineering and Natural Sciences F.	Department of Molecular Biology and Genetics (MG)	T10B7AK	100	3,000,000	Rejected	-
26	Development of a wireless, portable, off-board device and diagnostic kit for the detection of early-stage Alzheimer's disease biomarkers	Rejected	Boğaziçi University	Prof. Dr. Mehmet Emin Özer	Assoc. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp	April 15, 2024	-	24 Months	Researcher	School of Health Services Management	Biomedical Device Technology Program	T10B7AK	100	3,000,000	Rejected	-
27	Evaluation of the Neuroprotective and Antioxidant Potential of Resveratrol in Beta Amyloid-Induced Inflammation (PM) and Locomotor Dysfunction	Rejected	Üsküdar University	Prof. Dr. Bekir Aksoy	Doçent Yardımcısı	April 10, 2024	-	24 Months	Principal Investigator	Medical Faculty	Other National Institutions	T10B7AK	100	1,000,000	Rejected	-
28	Development of Personalized Genetic Treatment Methods for Falciparum Malaria (PF) Caused by PFCAL, PFCAL2, and PFCAL3 in Mice and in Vivo	Rejected	Üsküdar University	Dr. Çiğdem Toprak	Assoc. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp	April 5, 2024	-	24 Months	Project Manager	Engineering and Natural Sciences F.	Department of Molecular Biology and Genetics (MG)	T10B7AK	100	2,000,000	Rejected	-
29	Development of the Relationship Between Preferred Foods During Pregnancy and Fetal Sex	Rejected	Üsküdar University	Dr. Ayşe Özgenç	Assoc. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp	April 1, 2024	-	12 Months	Principal Investigator	Health Sciences Faculty	Midwifery Department	T10B7AK	100A	75,000	Rejected	-
30	The Mural Mite Collection, Taxonomy, Form and Secondary Elements	Accepted	Üsküdar University	Assoc. Prof. Dr. Bekir Aksoy	Doçent Yardımcısı	April 2, 2024	August 12, 2024	30 Months	Principal Investigator	Human and Society S. F.	Library Department	T10B7AK	100	900,000	Ongoing	-
31	The Effect of the Acemannan Molecule on Melanoma Skin Cancer Research	Rejected	University of Health Sciences	Prof. Dr. Bekir Aksoy	Doçent Yardımcısı	April 5, 2024	-	36 Months	Researcher	Faculty of Medicine	Medicine	T10B7AK	100	3,000,000	Rejected	-
32	Use of 3D Modeling Supported by Cone Beam Computed Tomography (CBCT) in Endodontic Pre-treatment and 3D Printed Crown Education Models Prepared with Different 3D Printers and Materials with Virtual Reality	Rejected	Üsküdar University	Dr. Ayşe Özgenç	Assoc. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp, Asst. Prof. Dr. Mustafa Kemal Özalp	June 10, 2024	-	24 Months	Principal Investigator	Faculty of Dentistry	Dentistry	T10B7AK	100	1,000,000	Rejected	-
33	Investigation of Microplastics Pollution in the Barents Arctic Lake Region and Determination of the Current Situation	Rejected	Üsküdar University	Assoc. Prof. Dr. Bekir Aksoy	Doçent Yardımcısı	April 4, 2024	-	12 Months	Project Manager	Engineering and Natural Sciences F.	Forensic Sciences Department	T10B7AK	100A	75,000	Rejected	-
34	Investigation of the Neuroprotective Effects of Resveratrol-Enriched Cord-Derived Mesenchymal Stem Cell Exosomes in an In Vitro Parkinson's Disease Model Induced by Rotenone	Rejected	Üsküdar University	Prof. Dr. Bekir Aksoy	Doçent Yardımcısı	May 10, 2024	-	12 Months	Principal Investigator	Engineering and Natural Sciences F.	Department of Molecular Biology and Genetics (MG)	T10B7AK	100	200,000	Rejected	-

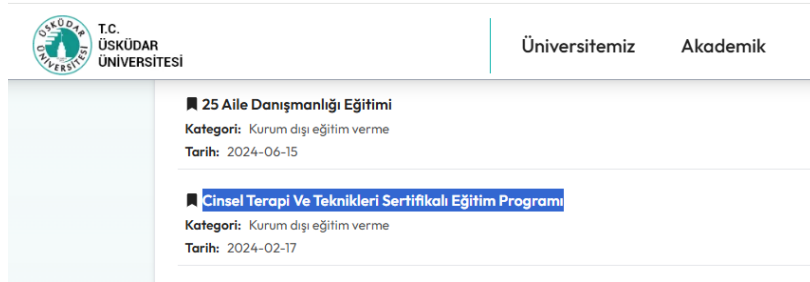


students can receive medical counseling, educational resources, and confidential counseling services regarding sexual and reproductive health. In addition, awareness programs, workshops, and information campaigns are regularly organized to promote safe and informed health practices among the student community.

The 4th Reproductive Health Exhibition and HIV/AIDS Awareness Symposium was organized by the Midwifery Department of the Faculty of Health Sciences at Üsküdar University and the Turkish Family Health and Planning Foundation. In addition to important topics such as HIV/AIDS awareness, the symposium addressed issues such as gender equality, violence against women, peer violence, and support. The symposium emphasized that prejudice and stereotypes in these areas pose a major problem. Participants stressed the need to raise social awareness on these issues and stated that individuals should not neglect basic protective measures.

<https://uskudar.edu.tr/haber/hiv-ve-aids-farkindaligina-dikkat-cekildi/57791>

2- On February 17, 2024, AİLEMER held its "Certified Training Program on Sexual Therapy and Techniques."



<https://uskudar.edu.tr/ailemer/merkez-faaliyetleri>

3- The new book by Prof. Dr. Nevzat Tarhan, Founding Rector of Üsküdar University and Psychiatrist, titled "Raising Children at Peace with Their Gender (Girls Like Girls, Boys Like Boys)" was published and added to the university library. The book aims to guide families against the increasingly prevalent gender-neutral policies of today.

<https://uskudar.edu.tr/haber/prof-dr-nevzat-tarhandan-yeni-kitap-cinsiyetiyle-barisik-cocuklar-yetistirmek-kiz-gibi-kizlar-erkek-gibi-erkekler/57810>

Within the scope of its 2022-2026 strategic plan, Üsküdar University consistently continues its work on the topic of "gender equality" by reporting its goals, actions, and strategies in detail.

<https://uskudar.edu.tr/assets/uploads/sayfa/18/file/uskudar-universitesi-toplumsal-cinsiyet-esitligi-eylem-plani-2022-2026.pdf>



The Üsküdar University Family Application and Research Center (AİLEMER) was established within Üsküdar University on December 20, 2012, with the Official Gazette dated December 20, 2012, and numbered 28503. The Center aims to conduct applied and academic studies to strengthen the family structure and protect its welfare and integrity, in line with national and social policies and in parallel with the common goals and work of the relevant units of the Ministry of Family and Social Policies, the Ministry of National Education, and the Ministry of Health. In this context, it continues to organize various internal and external training programs and provide training to external stakeholders by evaluating training requests on relevant topics.

<https://ailemer.uskudar.edu.tr/tr/sayfa/10/hakkimizda>

<https://ailemer.uskudar.edu.tr/tr/icerikler/egitimler>

Additionally, we have a research center that operates within the scope of maternal and infant health practices.

<https://uskudar.edu.tr/tr/abrsn-anne-ve-bebek-ruh-sagligi-uygulama-ve-arastirma-merkezi>

Furthermore, the "SBF140 Sexual Education" course is offered as an elective in our university's child development department.

https://cdn.uskudar.edu.tr/uploads/files/2024/07/24/2024-2025-child-development-curriculum_1.pdf?_gl=1*1feelqk*_gcl_aw*_R0NMLjE3Mjg1NjgyNzMuQ2p3S0NBanc5cDI0QmhCX0Vpd0E4SUQ1Qm9xUGctVW9jN0lmOk9VQzBHUGduS1QwVIYxX0gzYlFwaVRvYVJFb1ZvamhlLTRXSXVzM2Vob0N4T2dRQXZEX0J3RQ..*_gcl_au*_MTEzMjQwNTQ4Mi4xNzI2MDU5MDM5*_ga*_OTUzMDU0NzE5LjE2ODY5MDgzNzQ.*_ga_XYL5XFKGBN*_MTczMDk2Njk5Ny4zNjkuMS4xNzMwOTY3MDczLjU2LjAuMA..*_ga_8432P7KOCN*_MTczMDk2Njk5Ny4yNDQuMS4xNzMwOTY3MDczLjU2LjAuMA..



ELECTIVE COURSES						
S	FIELD					
	CODE	NAME	T	P	C	ECTS
	SBF111	Public Health	2	0	2	3
	SBF113	Rhetoric and Diction	2	0	2	3
	SBF114	Music	2	0	2	3
	SBF117	Gerontology- Introduction to Geriatrics	2	0	2	3
	SBF118	Single Subject Research Model Overview	2	0	2	3
	SBF119	Qualitative Research Overview	2	0	2	3
	SBF146	Basic Nutrition	2	0	2	3
	SBF148	Sociology Of Health	2	0	2	3
	DKT117	Communication Speech and Language Disorders Overview	3	0	3	4
	ERG407	Art Studio	2	0	2	3
	ERG439	Bibliotherapy	2	0	2	3
	FEL210	Anthropology	2	0	2	3
	FEL211	Philosophy of Human	2	0	2	3
	ODY219	Turkish Sign Language -I	2	0	2	3
	ODY220	Turkish Sign Language -II	2	0	2	3
	ODY319	Turkish Sign Language -III	2	0	2	3
	ODY320	Turkish Sign Language -IV	2	0	2	3
	SAY416	Health Tourism	3	0	3	4
	SBF149	Basic Genetics	2	0	2	3
	SBF121	Occupational Health and Safety	2	0	2	3
	SBF131	First Aid*	1	2	2	3
	SBF140	Sexual Education	2	0	2	3
	GZT303	Social Media and Children	3	0	3	4
	SBF020	Career Planning and Professional Competencies	2	0	2	3

3.4. Does your university provide mental health support to its staff as an institution?

As part of Psychological Counseling Services, a discount has been established for university staff to benefit from NP GROUP Psychiatry services. Information on this subject can be found on the Üsküdar University Health, Culture, and Sports Affairs (SKS) website under the "psychological counseling unit" section.

<https://sks.uskudar.edu.tr/psikolojik-danismanlik-birimi>

The 6th International Positive Psychology Congress, organized by Üsküdar University this year, was held on April 19-20, 2024, with the theme "Positive Psychology in Interpersonal Relationships." The congress, attended by world-renowned scientists such as , addressed topics such as "The Wisdom of Self-Compassion in Therapy," "Forgiveness in Couple Relationships," "Psychological Resilience in Relationships," "Building Positive Relationships," "Gaining Psychological Resilience Through Hope," and "The Importance of Perseverance in Relationships." The honorary guest of the conference was Dr. Tayyab Rashid from the University of Melbourne. Dr. Rashid addressed the topic "The Orbits of Positive Relationships."



<https://uskudar.edu.tr/haber/uluslararasi-pozitif-psikoloji-kongresi-kisiler-arasi-iliskilerde-pozitif-psikoloji-temasiyla-duzenleniyor/44944>

Additionally, the University contributes to scientific literature through the Journal of Happiness and Well-being (JHWB) (<https://jhwbjournal.com/>). This provides both academics and students with educational information on "happiness and well-being" through scientific and evidence-based research.

Volumes 16 and 17 have been published for 2024. The contents of these volumes are listed below.

<https://jhwbjournal.com/en/article-search?year=2024&volume=10&issue=17>

<https://jhwbjournal.com/en/article-search?year=2024&volume=9&issue=16>

Positive Psychology Talks, which aim to promote mental health, happiness, hope, and a meaningful and purposeful life, have begun... Hundreds of people from different regions of Turkey and around the world attended the first conference titled "Introduction to Positive Psychology: The Science of Good Living."

<https://uskudar.edu.tr/haber/herkese-acik-pozitif-psikoloji-soylesileri-basladi/45052>

PSIKOHAYAT magazine, which provides access to all kinds of information related to psychiatry and aims to share the topics discussed at conferences, innovations, and important developments with its readers, is published quarterly as a free publication of the foundation. Published free of charge by the Human Values and Mental Health Foundation affiliated with Üsküdar University as part of its social responsibility, the journal is sent to all state and private school libraries and guidance counselors across Turkey, with postage covered by the foundation. The journal continues to be sent free of charge to



provincial governors' offices, district governors' offices, and the counseling and advisory offices of muftis.

<https://uskudar.edu.tr/tr/sureli-yayinlar/5/psikohayat>

3.5. Does your university provide mental health support to students?

The purpose of the Psychological Counseling Unit, which is offered to students as part of Psychological Counseling Services, is to assist students in their individual, social, and academic development, to facilitate their adaptation to university and dormitory life, and to equip them with the necessary skills to cope with any problems they may encounter. Students who apply to the Psychological Counseling Unit can receive individual counseling and therapy services free of charge according to their needs and requests. Students who wish to benefit from NP GROUP Psychiatry services at a discount should make an appointment with the Üsküdar University Psychological Counseling Unit. If our expert psychologists approve the referral process after the initial interview, our students can benefit from the discounts offered.

<https://sks.uskudar.edu.tr/psikolojik-danismanlik-birimi>

<https://uskudar.edu.tr/assets/uploads/sayfa/154/file/ogrenci-el-kitabi-2024-2025.pdf?v=202501041238>
(pages 27-28)

<https://uskudar.edu.tr/assets/uploads/sayfa/18/file/uu-psikolojik-danismanlik-birimi-yonergesi.pdf?1>

Positive Psychology courses have been mandatory at Üsküdar University, Turkey's first thematic university in the field of behavioral sciences and health, which has been conducting important work in the field of positive psychology since its establishment, since 2013.

<https://uskudar.edu.tr/tr/icerik/9029/pozitif-psikolojide-dunyaya-ornek-oldu>

The 6th International Positive Psychology Congress, organized by Üsküdar University this year, was held on April 19-20, 2024, with the theme "Positive Psychology in Interpersonal Relationships." World-renowned scientists participated in the congress, which addressed topics such as "The Wisdom of Self-Compassion in Therapy," "Forgiveness in Couple Relationships," "Psychological Resilience in Relationships," "Building Positive Relationships," "Gaining Psychological Resilience Through Hope," and "The Importance of Perseverance in Relationships." The honorary guest of the congress was Dr. Tayyab Rashid from the University of Melbourne. Dr. Rashid addressed the topic of "The Orbits of Positive Relationships."



<https://uskudar.edu.tr/haber/uluslararasi-pozitif-psikoloji-kongresi-kisiler-arasi-iliskilerde-pozitif-psikoloji-temasiyla-duzenleniyor/44944>

Additionally, the University contributes to scientific literature through the Journal of Happiness and Well-being (JHWB) (<https://jhwbjournal.com/>). This provides both academics and students with educational information on "happiness and well-being" through scientific and evidence-based research.

Volumes 16 and 17 have been published for 2024. The contents of these volumes are listed below.

<https://jhwbjournal.com/en/article-search?year=2024&volume=10&issue=17>

<https://jhwbjournal.com/en/article-search?year=2024&volume=9&issue=16>

Positive Psychology Talks, which aim to promote mental health, happiness, hope, and a meaningful and purposeful life, have begun... Hundreds of people from different regions of Turkey and around the world attended the first conference titled "Introduction to Positive Psychology: The Science of Good Living."

<https://uskudar.edu.tr/haber/herkese-acik-pozitif-psikoloji-soylesileri-basladi/45052>

The book "Neuroscience: The New Science of Happiness," edited by Prof. Dr. Nevzat Tarhan, Founding Rector of Üsküdar University, Psychiatrist, and Author, and Assoc. Prof. Dr. Aylin Tutgun Ünal, is now available in bookstores. The book, which approaches neuroscience from a multidisciplinary perspective, was published with valuable contributions from many authors who are experts in their fields. In the book's introduction, Tarhan emphasizes that approaching neuroscience from a multidisciplinary perspective can provide humanity with many important contributions and draws attention to the fact that the new frontier of science is the brain.

<https://uskudar.edu.tr/haber/norobilim-mutlulugun-yeni-bilimi-kitabi-raflarda-yerini-aldi/57149>



The PSIKOHAYAT journal, which provides access to all kinds of information related to psychiatry and aims to share topics discussed at conferences, innovations, and important developments with its readers, is published quarterly as a free publication of the foundation. Published free of charge by the Human Values and Mental Health Foundation affiliated with Üsküdar University as part of its social responsibility, the journal is sent to all state and private school libraries and guidance counselors in Turkey, with postage covered by the foundation. The journal also continues to be sent free of charge to provincial governorships, district directorates, and the guidance and counseling offices of muftiships.

<https://uskudar.edu.tr/tr/sureli-yayinlar/5/psikohayat>

Does your university as an institution implement a "no smoking" policy?

The policy regarding implementation principles was published in the "Üsküdar University Non-Smoking Campus Implementation Regulations," which came into effect with Senate Decision No. 2022-09 dated 10.03.2022.

<https://uskudar.edu.tr/assets/uploads/sayfa/18/file/dumansiz-kampus-uygulamasi-yonergesi.pdf>

The Dean's Office of the Faculty of Humanities and Social Sciences at Üsküdar University organized a seminar titled "The Harms of Electronic Cigarette (Puff) Use and Combating Addiction." Clinical psychologist Ceyda Şişman was the guest speaker at the seminar. Şişman made noteworthy assessments regarding addiction and the effects of electronic cigarette use on human health.

<https://uskudar.edu.tr/haber/elektronik-sigara-kullaniminin-zararlari-ele-alindi/57438>

Our university's first strategic plan was prepared to cover the years 2019-2023, and the developments envisaged in the plan are being followed continuously. The 2024-2028 Strategic Plan, prepared to both maintain and expand the scope of these items, has set "smoke-free campus" targets. The current strategic plan development process also covers the year 2023. The Strategic Plan document, which includes targets for implementing the smoke-free campus, can be accessed via the link below.

<https://uskudar.edu.tr/assets/uploads/sayfa/526/file/uskudar-universitesi-stratejik-plan-2024-2028.pdf>

Among the 124 performance indicators defined in this context, item PG.6.3.4. (pdf page: 13/164) states that the current percentage of smoke-free areas is 96.0% and that this value will reach 96.48% by the end of 2028.

The target trajectory is shown below. Details of this information can also be found on pages 126/164 of the PDF document.



Amaç	A6	Sosyal sorumluluk ve katkıyı güçlendirmek							
Hedef	H6.3	Enerji kaynaklarının verimli kullanılması ve çevre bilincinin geliştirilmesi							
Performans Göstergeleri	Hedefe Etkisi (%)	Plan Dönemi Başlangıç Değeri	2024	2025	2026	2027	2028	İzleme Sıklığı (ay)	Raporlama Sıklığı (ay)
PG6.3.1. Üniversitenin elektrik enerjisi tüketimi (kW)	25	6.892.807	6.899.700	6.906.600	6.913.506	6.920.420	6.927.340	6 ay	12 ay
PG6.3.2. Üniversitenin su tüketimi	25	37.276	37.313	37.351	37.388	37.425	37.463	6 ay	12 ay
PG6.3.3. Toplam atık miktarı	25	22.669	22.692	22.714	22.737	22.760	22.783	6 ay	12 ay
PG6.3.4. Dumanlız hava sahası (%)	25	96,00	96,10	96,19	96,29	96,38	96,48	6 ay	12 ay
Sorumlu Birim	İlgili Rektör Yardımcısı ve Rektör Danışmanı								
İş Birliği Yapılacak Birim(ler)	"Hedeflerden Sorumlu ve İş Birliği Yapılacak Birimler" tablosunda verilmiştir.								
Riskler	Çevresel etkilerin artması Yüksek elektrik ve su tüketimi olması Atık miktarının fazla olması Karbon ayak izinin artması Doğal kaynakların azalması								

Üsküdar University has established an Addiction Prevention Coordination Unit to carry out more effective work in the field of addiction prevention. The Coordination Unit is divided into two main committees: the Scientific Committee and the Executive Committee. The Scientific Committee will be responsible for developing addiction prevention strategies, formulating policies, and preparing action plans. The Executive Committee will organize relevant projects by establishing subcommittees in the field of addiction prevention.

<https://uskudar.edu.tr/haber/uskudar-universitesinden-bagimlilikle-mucadelede-yeni-adim/57353>

The second meeting of the Addiction Prevention Committee was chaired by Prof. Dr. Nazife Güngör, Rector of Üsküdar University, and Prof. Dr. Sevil Atasoy, Vice Rector of Üsküdar University. At the meeting, ideas were exchanged about possible projects to combat addiction.

<https://uskudar.edu.tr/haber/bagimlilik-ile-mucadele-komitesi-ikinci-kez-toplandi/56815>

3.6. Does your university share its sports facilities with the local community, such as local schools or the general public?

Our university has signed lease agreements with various public institutions and organizations as well as private companies to meet the need for open sports areas. The areas leased under these agreements are shared with the local community, local schools, or the general public. Additionally, our fields are shared free of charge with different schools for preparatory matches and other reasons.

Lease-related announcement activities:



Açık Kapalı Spor Alanlarımız

KTSK BÜYÜK FUTBOL SAHASI

9 X 9 KİŞİLİK

Her haftanın cuma günü/Saat için bilgi alınız.
ÜCRETSİZ REZERVASYON İÇİN SKS DAİRE BAŞKANLIĞINA BAŞVURUNUZ.
KTSK: Koç Topluluğu Spor Kulübü

Açık Kapalı Spor Alanlarımız

KTSK MİNYATÜR SAHA

5 X 5 KİŞİLİK

Her haftanın pazartesi günü/Saat için bilgi alınız.
ÜCRETSİZ REZERVASYON İÇİN SKS DAİRE BAŞKANLIĞINA BAŞVURUNUZ.
KTSK: Koç Topluluğu Spor Kulübü

Açık Kapalı Spor Alanlarımız

KTSK TENİS KORTU

Her haftanın cuma günü/Saat için bilgi alınız.
ÜCRETSİZ REZERVASYON İÇİN SKS DAİRE BAŞKANLIĞINA BAŞVURUNUZ.
KTSK: Koç Topluluğu Spor Kulübü

In accordance with the agreement made with Koç Group Sports Club, which is located in a public and accessible location, Üsküdar University has leased sports fields that all its members can use free of charge.

The Üsküdar University Sports Hall has been leased to ANKA Sports Schools, which serve the children of families in Üsküdar.

ANKA Sports Schools' Üsküdar Basketball School also shares this on its official page as Üsküdar University.




0530 777 7171

ANKA SPOR OKULLARI

ANA SAYFA OKULLARIMIZ BRANŞLAR KURUMSAL İLETİŞİM ÖNKAYIT FORMU

İstanbul Anka Spor Okulları

Üsküdar Basketbol Okulu



ÖN KAYIT FORMU

0530 777 71 71

LOKASYON

Üsküdar Üniversitesi Çarşı Yerleşkesi

Adres: Mimar Sinan, Selmani Pak Cd., 34672 Üsküdar/İstanbul

Cumartesi 09:00 - 18:00

Pazar 09:00 - 18:00

Üsküdar Basketbol Okulu


Çocuklar İçin Saha Performansının Adresi: İstanbul Anka Spor Kulübü Üsküdar Basketbol Okulu

Potanın Yıldızlarına Yolculuk: Eğitim Ve Antrenmanlar

Atış, Pas Ve Savunma: Turnuva Ve Müsabakalar

Basketbolda Yeteneklerin Keşif Noktası: Üsküdar Basketbol Okulu

LOKASYON



Üsküdar Üniversitesi Çarşı Yerleşkesi
Mimar Sinan, Selmani Pak Cd., 34672 Üsküdar/İstanbul
3,9 ★★★★★ 335 yorum
Daha büyük haritayı görüntüle

Üsküdar University is among the institutions that support sports and athletes at the highest level. In addition to team sports such as basketball, volleyball, football, futsal, and korfbal, more than 100 athletes in individual sports such as taekwondo, kickboxing, boxing, and fencing benefit from sports scholarships and various forms of support. In the 2024-2025 season, Üsküdar University Sports Teams are achieving successful results in intercollegiate sports competitions organized by the Turkish University Sports Federation (TUSF). Üsküdar University students participate individually and as teams in wushu, boxing, fencing, taekwondo, soccer, volleyball, and basketball, achieving different levels of success.

<https://sks.uskudar.edu.tr/uskudar-universitesi-kadin-basketbol-takimi-yari-finale-yukseldi>

<https://sks.uskudar.edu.tr/yaren-cinar-turkiye-sampiyonu-atina-yolcusu>



<https://sks.uskudar.edu.tr/erkek-basketbol-takimimiz-universiteler-super-ligi-yaz-oyunlarinda-turkiye-sampiyonu-oldu>

<https://uskudar.edu.tr/tr/icerik/47927/erkek-basketbol-takimi-avrupa-sampiyonlugunu-hedefliyor#:~:text=Kupay%C4%B1%20%C3%9Csk%C3%BCdar%20%C3%9Cniversitesi%20Men's%20Basketball,won%20the%20cup%20at%20the%20Sports%20Games.>

<https://sks.uskudar.edu.tr/spor-takimlarimiz>

Students enrolled in Üsküdar University programs receive a 25% tuition discount if they present a national athlete certificate, a 20% discount if they play in professional leagues in any sport, and a 15% discount if they have placed in the top three in individual sports at national competitions in the last three years.

<https://uskudar.edu.tr/tr/burslar>